



# Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

**APRIL 2013**

## Peninsula Senior Activity Center

21603 "O" Lane,  
Ocean Park, WA 98640

**360.665.3999**

**OFFICE HOURS:  
MONDAY-FRIDAY  
9:00-4:00**

Email:

**[PSAC@willapabay.org](mailto:PSAC@willapabay.org)**

See us on the web at  
[peninsulaseniorcenter.com](http://peninsulaseniorcenter.com)

**Find us on Facebook!**

## PSAC

**is available to rent for  
weddings, birthdays,  
meetings,**

### PSAC Officers

President - Ernie Henson  
Vice-President - Paul Wilson  
Secretary - Gwen Wagner  
Treasurer- Sandy Nelson

### Board Members

Larry Cook  
Butch Epperson  
Jeff Pearson  
John Vale  
Paul Wilson

### Board Meetings

2d Friday of each month 9:00 am  
Office Manager  
Sylvie Warren

## MESSAGE FROM THE VICE-PRESIDENT

### Thoughts of Spring

Spring is associated with renewal, rebirth, re-awakening- the tangible end to the sometimes dreary days of Winter. It is the chance to spend more time outdoors, travel or get involved with new activities or meet new friends. Your senior activity center offers a wide range of activities for you to explore and enjoy.

There are great travel experiences with fellow seniors, an opportunity to make new acquaintances and visit interesting places. The Center also offers a wide range of fun activities such as pinochle, bridge, cribbage, and Bunco. There's Tai Chi and Yoga for relaxation and exercise. The Center hosts activity oriented meetings such as the Quilters and the Crafters. We have a game night featuring popular board games, ice cream socials, and movie matinees with free popcorn. The AARP meets regularly at the Center.

The Center has become famous for our outstanding breakfasts and monthly dinners. These are another opportunity to get out and met new people. We're also looking into offering other services and activities based on the input from our members. It's your Center; we'd like to hear from you about ways we can make it even better. Drop into the office, attend the Fundraisers' committee meetings (first Tuesday at 4 PM), or otherwise let us know what would interest you.

Another way to get involved is to volunteer. There are plenty of things to do and help is always welcome. The Center was built and continues to operate entirely on volunteer effort and donations. That's in itself a remarkable achievement.

Think bright thoughts. After all, it's Spring!

*Paul Wilson*

## MEMBERSHIP MEETING,

**SUNDAY April 28th at 2:00pm followed by a potluck.**

**The Center will provide the main dish,  
please bring side dishes and desserts.**

**Thank you!**

## PENINSULA STORIES



PSAC is proud to introduce Anne Nixon as a featured writer for the Gazette. Over the coming months we will be featuring a series of stories about “Life on the Peninsula” as it was many years ago, as seen through her eyes. Anne is a local writer who was born in Portland but spent a great deal of time here. Her relatives lived in Oysterville and owned the Heckes Inn, which is now known as the “house with the bottles in the windows”. Anne actually began writing as a young child in her spiral notebook which she hid in the rafters of their house. After retiring she began writing many articles and stories for the Chinook Observer. One story she is most proud of is when the USS Missouri stopped in Astoria on its way to Hawaii, (where it is moored today). She asked and was given permission to write the Observer’s lead story for this historical event. Anne has written and published a book entitled “Heckes, Kemmer, Caulfield Family History.” It is so named after the four sisters who lived in Oysterville, one being her grandmother, who immigrated to the United States from Ireland. You may find this book in the Ilwaco, Ocean Park libraries and at the South Bend Historical Museum. Anne and her husband Don, moved to the peninsula 15 years ago after they had traveled the country for 10 years in their motor home, towing a VW “Baja bug”. They had been looking for the perfect place to settle down and decided it was the peninsula all the while. A son, Dave, lives in California, and two grand daughters, Lauren in New York City, Kristin in the San Francisco area.

### **PART ONE:**

*Helen Heckes, who began our book of family history, was my aunt by marriage. After she was unable to continue, I finished it. While Helen was in Ocean View Nursing Home in Long Beach for a short stay, I gave her a tape recorder to tell me anything she knew of early life in Oysterville. When we listened back to her speaking we both realized it would be better to be “off the cuff”. This is the start of that chapter, which I’ll continue in coming months: **Anne***

In my early years of college I was curious about my life and what it would be like. A group of us read about a spiritualist coming to town so decided to see him for the fun of it. He said he would need something with our vibrations. I had nothing so he took my hand, closed his eyes and said, “In two years your life will be pretty much settled.” He saw lots of water. The truth of it was as he said. I came to Oysterville within two years and have been surrounded by water ever since.

Arriving in Oysterville from Olympia was an effort those days as the roads around the bay were not developed. I took a train from Olympia one morning, then changed so I would be on the main line going south. When we reached the Columbia River we were ferried across on a sort of scow until we reached the other side and caught the train from Portland to Astoria. We arrived too late to catch the last ferry back across the river so I spent the night in the Astor Hotel which was in its prime. The next morning I went down to the dock and caught the little ferry, the Nahcotta, which creaked and groaned all the way across the (Columbia) river to Megler. The narrow gauge train met us and transported us up the peninsula through Ilwaco, Seaview, Long Beach, etc, to Nahcotta. We saw the Chinamen working in one of the canneries. The tracks went parallel to the beach through low grass. There were no pine trees then. We went past the Loomis mansion which was in very good condition at that time, and on to Nahcotta where it turned around for a return trip. I still wasn’t in Oysterville, but caught a ride with George Lehman on the mail truck. My final destination was Mrs. Stoner’s house, clerk of the School Board, who had rented a cabin for me.

Oysterville seemed more or less deserted, yet there were people living along different roads, Fourth St. (now Territory), out Skating Lake and up Stackpole as far as Theophilus Goulter’s farm. Between 50 and 90 people were scattered about. The surfaced road, which now runs through Oysterville, was graveled and newly put in as the former, nearer Willapa Bay, had been discontinued. Some of them farther east were completely gone as they had disappeared into the bay.

***Continued on page 3***

My first school register shows that there were only five or six children and from then on the people of Oysterville struggled to keep enough students in school so it would not be discontinued for they were proud of being designated District #1. During my first couple of years teaching Glen Heckes went over early and built a wood fire in the big stove for warmth. And he often helped me with my arithmetic for the day.

The little Oysterville store was mainly a post office although Minnie Andrews, the postmistress, also carried a few staple groceries and gas. Her husband, Bert, built and carried on a garage business east of the store. He was a very ingenious man and the word was passed around, "Bert can fix it."

People made their living by doing seasonal work or taking advantage of anything available. In the spring razor clams were dug and sold in the open market or canned. Later, in the year 1927, Glen and his partner, Donald McAndie, had a small cannery in Oysterville. They bought clams from the local people and gave employment to others. Another form of seasonal employment was scooping cranberries. At this time there was a small bog across the road from the store where today all you can see are big alder trees, skunk cabbage and weeds. This bog held the U.S. record of the highest production at that time. The local women came every fall, got down on their hands and knees, and scooped berries by hand. There were also several dairy and beef cattle farms in the surrounding country.

No one had any electricity until Bert Andrews installed a delco plant at his home. We were able to have a line put to our kitchen with one bulb hanging down and we could use it until 10 o'clock when the plant was shut down.

*To be continued.....*

### COCONUT CAKE RECIPE

1 yellow cake mix. Mix according to box.

Bake in 9X13 pan

When cake is done poke holes in top of the cake

Pour ½ can **cream of coconut** (not coconut milk)

½ can sweetened condensed milk

Top with cool whip, sprinkle with coconut

**PS. Sid's market carries the cream of coconut.**



### SENIOR CENTER DONATIONS

**Thank you to**

Jeri Dawson

Catherine Gabrielson

Ellen Terrill



### VOLUNTEER OF THE MONTH

Jeri Dawson is the Senior Center's Volunteer of the month, she and her husband Bill moved to the peninsula in 2006, from Vancouver, WA. She began volunteering at the Senior Center in 2007 when a friend from her church suggested she should share her cooking talents with the kitchen crew at the Center; she is still very active in this role today. Jeri was elected to the Senior Center Board for a three year term in 2008 -2011, she is also on the Fund Raising Committee. She, like many of the Senior Center volunteers wear many hats, besides the cooking she answers the phone in the office twice a month, and helps out with many of the functions and activities at the Center. A few years ago when bridge lessons were offered at the Center the class caught Jeri's attention as she had wanted to learn to play Bridge for many years. She became a very good player and now plays with the Tuesday afternoon Bridge group that meets at the Center. Jeri has many talents besides cooking, she also has been quilting for years, she and a small group of ladies used to meet in a small area at Jeri's church. As the membership began to grow from 4 to now 15, Jeri suggested they see about the Great room at the Center. This has worked out well for the quilters as well as the Senior Center. They meet most Fridays and some weekends, bringing their sewing machines and ironing boards. The quilting club makes and donates quilts to the Senior Center and recently donated 20 quilts to the Hurricane Sandy victims at Long Beach, New York. Jeri also volunteers at the Lutheran Community Table in Ocean Park, the Methodist Camp and Camp Victory. Jeri's first husband Ernie, passed away in 1996, they had 2 daughters, 7 grandchildren and 5 great grandchildren they all live in the Vancouver area.

*By Gwen Wagner*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10am Tai Chi 12 . AARP	2 12.30 p Bridge 1pm Cribbage	3 10:30 Yoga 1pm Pinochle	4 10 am Tai Chi 1 pm Pinochle	5 9 am Crafters 11:30am Lunch	6
7	8 10am Tai Chi	9 12.30 p Bridge 1pm Cribbage 6 pm Lions	10 10:30 Yoga 1pm Pinochle	11 10 am Tai Chi 1pm Pinochle 6 pm Bunco	12 9am Bd Mtg 9 am Crafters	13 8am-11am Pancake Breakfast Plant Sale Garage Sale
14 2:00pm Movie "Argo"	15 10 am Tai Chi 2 pm Ice Cream Social	16 12.30 p Bridge 1pm Cribbage	17 10:30 am Yoga 1pm Pinochle	18 10 am Tai Chi 1pm Pinochle 5pm Dinner	19 9am Crafters 9am Quilters 5 pm Games	20
21	22 10 am Tai Chi	23 12.30 p Bridge 1pm Cribbage 6 pm Lions	24 10:30 am Yoga 1pm Pinochle	25 10 am Tai Chi 1pm Pinochle	26 9 am Crafters 9am-4pm Quilters	27 8am-11.am Pancake Breakfast
28 General Membership Meeting 2 PM	29 10 am Tai Chi	30 12.30 p Bridge 1pm Cribbage	<b>APRIL</b>		<i>Spring</i> 	

**Committee Meetings**

*Fundraisers First Tuesday 4:00 pm*  
*Finance Wed. before Board Mtg 9:00am*  
*Gazette First Tuesday 12:noon*  
*Kitchen crew First Monday 2:00pm*  
*Building & Operations First Tuesday 10:00 am*

**We are looking for guest chefs, to cook the first Friday lunches. If you want to volunteer, call John at the Senior Center at 665-3999**

**Dinner Menu**  
**Thursday April 18th 5:00pm**  
**Salisbury Steak**  
 Fresh from scratch.  
 One of my favorite recipes, if you enjoy it, the recipe will be available at the dinner.  
*John Vale*

**LUNCH MENU**  
 Friday , April 5th 11:30 am  
 Taco salad  
 First Friday ,May 3rd 11:30am  
*Guest Chef, Michelle Beaulieu*  
 Two toned Grilled Cheese, Mandarin salad, Dessert



## Annual Meeting Voting

### Process is as follows:

Only 2013 paid members are eligible to vote, paid members names will be checked at the door.

A Board Candidate ballot will be given to the paid members only, new Board member(s) will be announced.

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### Membership Report

The Membership Challenge is moving along nicely to date there are 62 new 2013 members.

And **233** unpaid 2012 members with **322** paid for 2013. Remember sign a new member and the referring member receives a free breakfast. The Challenge will run though December with the prize winners announced at the December dinner. You don't have to be present to win.

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### Nominating Committee

#### Seeking Board Member Candidates

**Would you like to become a PSAC Board Member?? There is still time to include your name on the Candidate List.** New board members are introduced to and elected by the entire membership at the April PSAC annual meeting and potluck. The Center is looking for persons that are interested in adding their expertise, experience and individual abilities to help PSAC grow and prosper.

**If interested please call Bob Stewart at 665-0039 or Gwen Wagner at 665-5935.**

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### 2013 BOARD CANDIDATES

#### ***Butch Epperson:***

Butch and his wife Nancy have lived on the peninsula for 25 years and have been members of the Senior Center for the past 5 years. Butch was elected to the board in 2010, and is running for another term. Butch has been a very productive board member, using his love for woodworking to make several of the beautiful chairs in the hall and library. Butch retired from trucking in 1990 due to an industrial accident and has undergone many surgeries. Nancy and Butch have been married for 53 years. Butch enjoys fishing, camping, as well as woodworking.

#### ***Ernie Henson:***

Ernie and his wife Janet moved to the peninsula from California a few years ago. They became very active in the Senior Center, due to Ernie's enthusiasm and leadership he as was asked to fill a vacated board position becoming the vice president. Three years ago he was elected and has served as president of the Center. He is eligible to run another term since the vice president position was not an elected or full term. Ernie has been a very effective President, moving the Center forward with their many achievements.

#### ***Glenn Ripley:***

Glenn and his wife Penny lives in Ocean Park, he is active in Peninsula Association for the Performing Arts, Pacific County Rebuilding Together, Ocean Park United Methodist Church, volunteers for breakfast and dinners at the Center and is the current Chairperson of the Building an Operations Committee taking care of improvements and general repairs. Glenn also manages our website and posts to FaceBook for the Center. Other volunteer work includes experience in computers and audio-visual aids. Glenn's history includes network engineering and handyman work. He wants to continue to serve the community and our Center.

## MEMBERSHIP RENEWAL FORM

Just a reminder, PSAC membership dues are valid January through December.

Please mail your dues in or stop by the office for a cup of coffee

### PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F [www.peninsulaseniorcenter.com](http://www.peninsulaseniorcenter.com) Email: [PSAC@willapabay.org](mailto:PSAC@willapabay.org)

Dues \$12.00 per person 2013

5yr \$50.00

Lifetime ( variable rates)

NAME \_\_\_\_\_

NAME \_\_\_\_\_

BIRTHDAY \_\_\_\_\_

BIRTHDAY \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

Zip \_\_\_\_\_ PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Would you like to receive our newsletter by  Regular mail  e-mail and regular mail  e-mail only

**Office Use Only** DUES YEAR \_\_\_\_\_ CASH  CHECK  Date Paid \_\_\_\_\_ NEW  RENEWAL

CARDS ISSUED 1 or 2 \_\_\_\_\_ IN PERSON OR MAILED \_\_\_\_\_

REFERRED BY : \_\_\_\_\_

### OPERATING FUNDS DONATION FORM

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am– to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

#### PENINSULA SENIOR ACTIVITY CENTER

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

DONATION: \$ \_\_\_\_\_ for the Peninsula Senior Activity Center's Operating Account



Non-Profit  
Postage Paid  
Permit No.2  
Ocean Park,  
WA 98640

From:

Peninsula Senior Activity Center  
21603 "O" Lane  
Ocean Park, WA 98640

To:

**UPCOMING EVENTS**



**SATURDAY APRIL 13TH**  
**PANCAKE BREAKFAST 8:00am-11:00am**  
**GARAGE SALE/ PLANT SALE**  
**8:00-3:00pm**

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**COMMUNITY TABLE DINNER FUNDRAISER**

Wednesday May 8th 5:00– 7:00pm

**HELP SUPPORT THE FREE MONDAY LUNCH AT THE LUTHERAN CHURCH!!**

**SPAGHETTI DINNER MEAT SAUCE, GARLIC BREAD, SALAD AND DESSERT**

**\$8.00 ADULTS**

**\$5.00 FOR KIDS 5-13,**

**UNDER 5 FREE**

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**HAWAIIAN LUAU PARTY, Peninsula style. Friday, June 14th 5:00pm Tickets will go on sale May 1st**