

Pacific County Fire District # 1

Recently Fire Chief Jacob Brundage and Public Education Coordinator Connie Biggs spoke at the AARP meeting. As a result of their talk it became apparent that the firemen provide many more services for the community than the obvious putting out fires, assisting the EMT and Ambulances. The Fire District employs 22 people, (not all of these are firemen or EMT's), and 38 volunteers. The many community services that most of us are unaware of are as follows:

- Lockboxes
- Address signs
- Smoke Detectors: installation, battery replacement
- Carbon Monoxide Detectors
- Blood Pressure checks at the station
- First Aid/CPR classes
- CERT (Emergency Preparedness training)
- Home and Business Fire Prevention surveys
- Home Safety and Injury Prevention education
- Car Seat Inspections
- Bicycle Helmets
- Wildland-Urban Interface Fire Prevention
- Community Children's Halloween Party
- Community Children's Christmas Party

The lockboxes are available for \$35 dollars, (this is the cost to the fire department). The boxes are attached to your house with your house key stored inside; these are very important especially if you are a person living alone and may fall or need medical assistance. The house address signs are blue with illuminated address numbers. The signs come in either post (\$15) or flat signs (\$16) attached to your house or fence.

The signs and lockboxes make it easier for the firemen or police to locate and have access to your home in case of emergency.



Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

April 2012

MESSAGE FROM THE PRESIDENT

You missed a great one! Yes I am talking about our St Patrick's Day dinner. Jeri Dawson, Jeff Pearson and John Vale put together a first rate corned beef dinner. It was so good, we completely sold out with nary a scrap for our volunteers to taste. The two new chefs along with our veteran chefs have come up with fresh new menus that are sure to please. Do yourself a favor and don't miss the next dinner.

A great big thank you to Dorothy Tenney, Penny Ripley and Jeri Dawson for a job well done on their two years of service on the PSAC Board. I know they will continue to participate in the activities of the center.

We are lucky to have five qualified candidates for these three open positions. Dorothy Tenney will be running again along with Jeff Pearson, Glenn Ripley, John Vale and Gwen Wagner. (See their bios in the newsletter)

Please mark your calendars for Sunday, April 29th at 2:00pm for the Annual membership meeting. This meeting and your selection of the new board members is the most important benefit of your membership. There will be a potluck dinner at the conclusion of business. Our chefs will be preparing the main dish.

See you there,

Ernie Henson, Board President

MEMBERSHIP MEETING and POTLUCK

Sunday April 29th 2:00pm

The Senior Center will provide the entrée. Please bring side dishes, salads and desserts!
A reminder, memberships must be up to date in order to vote.

APRIL LUNCHEON :

Bean Soup, w Corn bread, dessert, come and join us!
Friday, April 27th 11:00am \$5.00

Dale Shoemaker and Lorrie Haight for February Lunch



Peninsula Senior Activity Center

21603 "O" Lane,
Ocean Park, WA 98640

360.665.3999

Email:

PSAC@willapabay.org

See us on the web at
peninsulaseniorcenter.com

OFFICE HOURS:
MONDAY-FRIDAY
9:00-4:00

PSAC
is available to rent for
weddings, birthdays,
meetings,
family reunions and
more!

PSAC Officers

President - Ernie Henson
Vice-President - Dorothy Tenney
Secretary - Penny Ripley
Treasurer- Sandy Nelson

Board Members

Larry Cook
Jeri Dawson
Butch Epperson
Paul Wilson

Board Meetings

2d Friday of each month 9:00 am

Office Manager
Sylvie Warren

Non-Profit
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Permit No.2
Ocean Park,
WA 98640



From:
Peninsula Senior Activity Center
21603 "O" Lane
Ocean Park, WA 98640

To:

BARE ROOT TREE SALE, & PLANT SALE

Saturday, April 14th 8:00- 3:00pm

Get an early start on planting! Great buys on bare root trees!

Many plants, starts, and houseplants.

We need volunteers for this event, if you would like to help

Please call the center at 665-3999.

BUNCO FOR BREAST CANCER

Saturday, April 21st two sessions 2:30pm and 6:30pm

Baked Potato Bar available for \$6.00 per person

Proceeds go to free mammograms for area women.
Silent Auction and Door Prizes

About Our Organization...

The Peninsula Senior Activity Center is a 501(c)(3) non-profit organization dedicated to serving people age 50+. We receive no funding from county, state or federal sources. We are grateful for and send heartfelt thanks to our members, volunteers and those who support our fundraising activities in the community.

BOARD CANDIDATES

Meet your candidates:

Jeff Pearson:

Jeff lives in Long Beach, and he is a very active volunteer here at the center, cooking breakfast and dinners. Jeff has worked for 38 years in the baking industry, in sales and general management throughout the country. He represents a fabrication artist for the last 6 years, selling his work at the Ilwaco Saturday Market and to wholesale customers. Jeff wants to share his business acumen and gain some satisfaction of "giving back" to fellow seniors.

Glenn Ripley:

Glenn lives in Ocean Park, he is active in Pacific County Rebuilding Together, he volunteers for the breakfast and dinners at the Senior Center, and is the Chairperson of the Building Committee, and takes care of the general maintenance and repairs. Glenn worked as a network engineer and currently manages our website. He wants to continue to serve the community and the Seniors.

Dorothy Tenney:

Dorothy lives in Ocean Park and she is our current Vice-President, and Chairperson of Fundraisers. She worked for 30 years at Central Wa. University and is now retired. Dorothy wants to stay involved in the policies and procedures of the Senior Center and the everyday workings of the Senior Center.

John Vale:

John lives in Long Beach, he lived in Montana for 35yrs where he worked as speech therapist in public schools; he also had a catering business, and worked as a manager in restaurants. John wants to get involved in the community and lend his expertise and talents to help the Senior Center to continue in the community.

Gwen Wagner:

Gwen has lived on the Peninsula for 18 years, since retiring from AT &T; she is an active member of the Grange, and volunteers for many organizations. She served on the PSAC board from 1999-2005, was on the Membership, Finance and Gazette committee. She would like to offer her previous experience, and continue to serve the Senior Center.

TRAVEL UPDATE

With the Gazette arriving at your home each month now we will be able to keep you better informed about travel opportunities with the PSAC. Our Arizona and Wildhorse/Willowa County trips are sold out and our first trip with seats available is July 16-20 to "The San Juan Islands and Mt. Baker". This trip includes a full day cruising through the San Juan Islands looking for whales and other marine life. There is an on shore experience with time spent at Roche Harbor. A full day excursion to Mt Baker with its many Kodak moments of the scenic views of mountain wild flowers, canyons, snowfields, and hanging glaciers await us on day three of our adventure. At press time there are just 10 seats left. If you are planning to go, get your deposit in quickly.

Due to a scheduling problem the Rogue River rafting trip in August has been cancelled, but hope to put in next year. The Northwest Trek day trip takes place the last 2 weeks of the September and is just about ready for advertising. Last year 50 people went and had a fantastic day at the park. Keep this in mind for a great day.

There are two opportunities for longer trips in October. The first is to Albuquerque-Santa Fe, New Mexico and the Hot Air Balloon Festival October 7 -17th. In late October a Texas Gulf, New Orleans, Branson trip of 16 days is available. Call Nancy (360-642-7303) for specific information on both trips. Happy Tripping!

Ron Schnitger

PROGRAMS

Upcoming!

Poetry classes, if you are interested, please call Dorothy Tenney at 665-3999

In April, *Italian Night*. John Vale and Jeri Dawson will prepare chicken cacciatore, with noodles, garlic bread, vegetables and dessert.

In May, Betty Moehnke and Jeri Crumbley will serve a Mexican dinner. Ole!

Movie Matinee

Saturday, April 28th 2:30 pm

"The Descendants" with George Clooney

YOUR PHONE CONTACT

We have recently discovered that some of our members have decided to discard their land line and rely on their cell phone exclusively. If you are one of them, it's our hope that this reminder will induce you to come into the office or phone and make a change to our records.

Our plans are to put together a "we care" phone committee to reach you for special events, new programs, and unexpected cancellations. It would also be helpful for volunteer recruitment and thank you, and care concerns for members.

Lucile Robinson-Lee

JOKE CORNER

A sheriff pulled a car over and found a panicked little old lady at the wheel. "Ma'am, I couldn't help notice that you were swerving all over back there," drawled the county Mountie.

"Oh, officer- I almost had a horrible accident. I looked up and saw a tree right in front of me. I threw the wheel to the left and there was another tree in front of me. I threw the wheel to the right and there was another tree in front of me." The sheriff peeked into the car and checked out the rear view mirror.

"You can calm down now, Ma'am. That was your air freshener."



"BLOOMIN' ONION BREAD"

Ingredients:

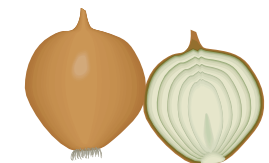
1 unsliced loaf (round is preferable) sourdough bread
Monterey Jack cheese, thinly sliced (I used pre shredded pizza cheese blend - 8 oz pkg)
1/2 cup butter, melted
1/2 cup finely diced green onion, with tops (I also added chopped fresh parsley)
2-3 tsp poppy seeds (I omitted this and used 1 teaspoon finely minced garlic)

Directions:

Cut the bread lengthwise and widthwise - without cutting through the bottom crust. (approx 1/2 - 3/4 inch) Place on a foil-lined baking sheet. (next time I do this I will lightly oil the foil)
Insert cheese between cuts. Combine butter, onion, and poppy seeds. Drizzle over bread. Wrap in foil; place on a baking sheet. Bake at 350 degrees for 15 minutes. Unwrap. Bake 10 more minutes, or until cheese is melted.

Penny Ripley

From Changetable.com (My changes are in parenthesis)



APRIL 2012



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 EASTER	2 10:00 am Tai Chi 12:00 AARP 6-7:00 Zumba	3 9:00 am Zumba 12:30 pm Bridge 1:00pm Cribbage	4 10:30 am Yoga 1:00 pm Pinochle 6-7:00 Zumba	5 9:00 am Zumba 10:00 am Tai Chi 1:00 pm Pinochle 6:00pm Bunco	6 9:30 am Crafters 9:00 am - 4:00pm Quilters	7 8:00am -11:00am Pancake Breakfast Plant Sale & Bare root trees sale
8	9 10:00 am Tai Chi 6-7:00 Zumba	10 9:00 am Zumba 12:30 pm Bridge 1:00pm Cribbage	11 10:30 am Yoga 1:00 pm Pinochle 6-7:00 Zumba	12 9:00 am Zumba 10:00 am Tai Chi 1:00 pm Pinochle 6:00pm Bunco	13 9:00 Bd Meeting 9:30 am Crafters	14 8:00am -11:00am Pancake Breakfast Plant Sale & Bare root trees sale
15	16 10:00 am Tai Chi 2:00 Ice Cream Social 6-7:00 Zumba	17 9:00 am Zumba 12:30 pm Bridge 1:00pm Cribbage	18 10:30 am Yoga 1:00 pm Pinochle 6-7:00 Zumba	19 9:00 am Zumba 10:00 am Tai Chi 1:00 pm Pinochle 5:00pm Dinner	20 9:00 Crafters 9:00 am -4:00 pm Quilters 5:00 Game Night	21 Bunco for Breast Cancer 2:30 pm -6:00pm Potato Bar
22	23 10:00 am Tai Chi 6-7:00 Zumba	24 9:00 am Zumba 12:30 pm Bridge 1:00pm Cribbage	25 10:30 am Yoga 1:00 pm Pinochle 6-7:00 Zumba	26 9:00 am Zumba 10:00 am Tai Chi 1:00 pm Pinochle	27 9:30 am Crafters 9:00 3:00pm Quilters 11:00 Lunch Bean Soup/com Corn Bread	28 8:00am -11:00am Pancake Breakfast 2:30pm Matinee "The Descendants"
29 Membership Meeting & Potluck 2:00pm	30 10:00 am Tai Chi 6-7:00 Zumba					

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 **Year Around - Indoor Market**
 1st & 3rd Weekend, Fri & Sat 10am-4pm

Auction
 2nd Saturday at 5pm
 with 4pm preview

Potluck - Meeting
 3rd Wednesday at 6pm

Long Beach Grange
 5715 Sandridge Rd.
 Long Beach, WA
 642-4953

 **HUNGRY HARBOR GRILLE**

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 Clam Chowder
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 Burgers - Shakes
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Breakfast Buffet Special (Sunday 8 to 11:45)...\$8.99
 Sweet Baby Back Ribs or Prime Rib.....\$9.99
 Baked potato & salad (Fri & Sat 4pm to Closing)

Attention members!

We are welcoming articles, recipes, or stories that we can print in the newsletter. If you have anything that might be of interest, please email it to me at the senior center and we will try to publish it. Email: psac@willapabay.org

Spring is right around the corner.

But no matter what the season, always remember what my Grandma said:

"Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad."

Just in case you weren't feeling too old today, this will certainly change things. Each year the staff at Beloit College in Wisconsin puts together a list to try to give the faculty a sense of the mindset of this year's incoming freshmen.

Here's this year's list:

The people who are starting college this fall across the nation were born in 1993.

They are too young to remember the space shuttle blowing up.

Their lifetime has always included AIDS.

Bottle caps have always been screw off and plastic.

The CD was introduced 2 years before they were born.

They have always had an answering machine..

They have always had cable.

They cannot fathom not having a remote control.. Jay Leno has always been on the Tonight Show.

Popcorn has always been cooked in the microwave.

They never took a swim and thought about Jaws.

They can't imagine what hard contact lenses are.

They don't know who Mork was or where he was from.

They never heard: "Where's the Beef?", "I'd walk a mile for a Camel", or "de plane, Boss, de plane.."

They do not care who shot J. R. and have no idea who J. R. even is.

Mc Donald's never came in Styrofoam containers.

They don't have a clue how to use a typewriter.

Do you feel old yet? Pass this on to the other old fogies on your list.

Notice the larger type, that's for those of you who have trouble reading..

So have a nice day!!!! It is good to have friends who know about these things and are still alive and kicking!!!!