



Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

JUNE 2013

Peninsula Senior Activity Center

21603 "O" Lane,
Ocean Park, WA 98640

360.665.3999

**OFFICE HOURS:
MONDAY-FRIDAY
9:00-4:00**

Email:

PSAC@willapabay.org

See us on the web at
peninsulaseniorcenter.com

Find us on Facebook!

PSAC

**is available to rent for
weddings, birthdays,
meetings,**

PSAC Officers

President - Ernie Henson
Vice-President - Paul Wilson
Secretary - Gwen Wagner
Treasurer- Sandy Nelson

Board Members

Larry Cook
Melissa Goldberg
Jeff Pearson
John Vale
Paul Wilson

Board Meetings

2d Friday of each month 9:00 am
Office Manager
Sylvie Warren

MESSAGE FROM THE PRESIDENT

The 2013 Annual Membership meeting was attended by 65 of our members. We took care of business, elected two board members and enjoyed a potluck ham dinner provided by the Senior Center and prepared by John Vale.

Melissa Goldberg and myself were elected to the board. Melissa has hit the ground running, volunteering for three committees and writing for the gazette. We look forward to big things from Melissa.

A big thank you to Butch Epperson for his three years on the board. He was a steady force on the board and he will be missed. He has assured me that he will still be involved in Senior Center activities.

It is good to report that our income for 2012 was \$60,291.03. While this is really good news, I need to remind the membership that we receive no financial assistance from any government source. We are totally reliant on generous donations and income generated by our volunteers. We require more than \$60,000 a year just to keep our doors open. Our total expenses for 2012 were \$64,559.43

Some of these expenses included:

Fundraising expenses: \$9808.00, Gazette \$2900., Insurance \$ 5407., Janitorial \$4490, Payroll \$14,454. Repairs Maintenance: \$2333., Supplies \$3676. Employment taxes \$2860, Property taxes \$5018., Utilities \$ 10,158.

These are the big numbers and they are not going to get any smaller. We are working hard to come up with more income generating ideas.

Our finance committee comprised of myself, Larry Cook, Ron Schnitger, Lucille Robinson Lee, Paul Wilson and Sandy Nelson has responded to the need to produce more return than the government recognized inflation rate of 3%. Our goal is to earn 5% on PSAC's monies. Our investments in mutual funds include:

Buffalo Science , Hennessy Gas Utility, Index funds , Icon energy, Schwab Health care , Schwab midcap Index, Schwab S& P 500. We have exceeded our expectations by generating approximately 13%.

I will have more financial information in our next edition.

Thank you for your support.

Your President, Ernie Henson

PENINSULA STORIES



PART THREE : *I'll continue my story of early life in Oysterville. People were often forced to be innovative and hunted for discarded things. Those were lean years.*
Anne

There were changes as the P.U.D. was organized in 1932, but we often used kerosene lamps in the bedrooms and sun porch to keep the old atmosphere. Water has always a problem on the peninsula with various places of origin, some good, some bad. The Oysterville community finally put their own system together from a pump in the first sand ridge across from the store. Life became easier and brought in more people with it piped to every dwelling. And dams on the Columbia River brought power and electricity and later the P.U.D. was organized in 1941 with cheaper power.

Glen always saw great possibilities in things other people missed. One day he found a discarded laundry in Long Beach. He erected a tall tower out by the building we called the laundry, put together a big container to hold 100 gallons of water and placed it on top. With the gasoline pump, he piped water into it. After that he conceived the idea of using steam for power to run the big wooden washer and dryer. Finding a little boiler and using wood, he made steam to operate the various belts and pulleys. It even heated the six foot mangle we used to iron the table and bed linen. We used live steam to cook big tubs of crabs, too. It was a family affair and each had his work. Glen oversaw everything. Louis Kemmer, Aunt Ann's husband, fired up the boiler. Roy managed the big wooden washer and dryer. Glen made large racks and the linen was taken out of the dryer and stretched on them to dry. Heavy things were put on a clothes line. Glen fed linen into the mangle and it came out looking almost starched.

Work in the kitchen was divided the same way. Aunt Rye's specialty was baking, never following any recipe. Pies especially, just rolled off the marble slab in front of small-paned windows facing the main road (originally the back of the house). Aunt Nanny did most of the meat frying and made delicious sour cream hot cakes. Glen often put several on his plate, headed for the milk on the back porch and skimmed off thick cream to put on top. And Aunt Nanny superintended the flower garden in the spring, which resembled an English garden. Uncle John took charge of the milking and vegetable garden. It was weed-free and quite a beautiful sight to people walking or driving by. Both Aunt Ann and Aunt Nanny were very gifted in choosing materials and furniture which added to the beauty inside the home. They both upholstered furniture. Every spring Aunt Ann re-papered and painted the various bedrooms to make them fresh and ready for the new season. Once there was a wreck at the mouth of the Columbia and all sorts of things washed ashore. Sacks of flour formed a crust on the outside but they peeled that off, dug into the center and made many gallons of paste.

Several ships lost their loads of lumber which washed ashore. Since there was no salvage paid for lumber in those days just the rumor brought people to gather what they could with teams and wagons, old cars, trucks. People stacked lumber and guarded it while someone else hauled loads of it home, often fighting. One day, in response to the word "There's lumber on the beach", we drove out with the truck. Looking up the beach we saw 2 x 4s standing on end like a giant might have been playing jack straws. We started to pull them down and pile them, working at fever speed. It didn't matter if I ruined a perfectly good winter coat with oil and tar that was on some of the lumber. In fact, we brought home that day enough to frame the long section of the house that is now our big family room with the bottles in the window. Other people salvaged sufficient to add to or build a house. Edith Olson's husband was fishing in Alaska, but she got enough to build a little home out by Skating Lake.

By Anne Nixon

VOLUNTEER OF THE MONTH



Penny Ripley is our volunteer of the month, she and her husband Glenn have lived on the Peninsula since 2005, however they had been coming here since 1999. Penny first became acquainted with the Senior Center as her mother played cards here. Then in 2007 Penny joined the Friday Craft group where she crocheted and knitted dish clothes, baby afghans, etc, and then donating them to the Center. She continues to crochet baby afghans by the dozens and donates them to the boutique. As her interest in the Center grew she began attending the board meetings, which soon led to her volunteering in the kitchen and wherever needed. When the treasurer's position was vacated with a two year term remaining, Penny was offered and accepted the job, she later switched to the secretary's position. And in my opinion was one of very best the Center has had. Penny chose not to run for the board again, but has remained very active, working at the garage sales, in the annex, the October Bazaar and her very favorite being a waitress at the breakfasts, she loves greeting the people that come for breakfast.

Penny is very active in the community as well as the Senior Center. She is on the Church Finance Committee, President of the Surfside Ladies Golf Club, and a board member of the Peninsula Association of Performing Arts (PAPA) and recently joined the Beach Barons. I then asked her what she does in her spare time; she laughingly replied my passion is crocheting scarves for an organization in Southern California called, "Handmade Especially for You". These scarves are donated to shelters for abused women. Penny and Glenn have two daughters; one lives in Idaho the other in Minnesota.

Thank you Penny for your many talents and volunteering.

By Gwen Wagner

A conversation with PSAC Board Member Melissa Goldberg

The first thing you notice in a conversation with Melissa is how much she truly cares about her community and the senior center. She feels that her involvement with the center is a natural extension of her previous career in multiple fields of nursing and is committed to working to make a difference. In her opinion, PSAC is a great place to give back and expressed a sincere appreciation for all the volunteers that make the center function.

A visit to the peninsula in 1986 happened to occur during the annual kite festival and it impressed her that here was a small town that could host such an international event. She and Michael love the ocean and searched for a location that would suit them for retirement. A series of events came together to put a job offer for Melissa and a home they found at the right time for them to move here 6 years ago from Edmonds WA.

As Melissa describes her hobbies that include fighting off the deer that try to enjoy her garden efforts, she LOVES playing in dirt and just being outside. She also reads a wide range of styles and subjects and always tries to explore multiple sides to a position.

When asked about a 'bucket' list she said that she wants to always enjoy the beauty around us and feels fortunate to have done what she has in her life. She has toured Europe and done bike and river raft trips within the states. Her "ah ha" moment was in 1991 when they went on a "Baja Bash" to see the total eclipse. This so impressed her that she would love to see another. If an opportunity were available she would like to visit the Galapagos Island. Closer to home she has seen many national parks but would like to visit all of them. She also wouldn't mind an Audubon or birding tour.

Melissa wants members to know that she is approachable and encourages them to talk with her. For a cute story you should ask her about a Thank you note, her matchmaking daughter and Michael.

By Penny Ripley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE						1
2	3 10am Tai Chi 12 . AARP	4 12.30 p Bridge 1pm Cribbage	5 10:30 Yoga 1pm Pinochle	6 10 am Tai Chi 1pm Pinochle	7 9 am Crafters 9am Quilters 11.30 Lunch	8 8am-11am Pancake Breakfast
9	10 10 am Tai Chi	11 12.30 p Bridge 1pm Cribbage 6 pm Lions	12 10:30 am Yoga 1pm Pinochle	13 10 am Tai Chi 1pm Pinochle 6 pm Bunco	14 9am Crafters 9am Bd Mtg Luau Dinner 5:00 pm	15
16 2:00pm Movie Matinee <i>Father's Day</i>	17 10 am Tai Chi 2 pm Ice Cream Social	18 12.30 p Bridge 1pm Cribbage	19 10:30 am Yoga 1pm Pinochle	20 10 am Tai Chi 1pm Pinochle 5pm Dinner	21 9 am Crafters 9am-4pm Quilters	22
23 <hr/> 30	24 10 am Tai Chi 12:30 RSVP Luncheon	25 12.30 p Bridge 1pm Cribbage 6 pm Lions	26 10:30 am Yoga 1pm Pinochle	27 10 am Tai Chi 1pm Pinochle	28 9 am Crafters 9am-4pm Quilters	29 8am-11.am Pancake Breakfast
Committee Meetings <i>Fundraisers Wed. before Board Mtg 10.00 am</i> <i>Finance Wed. before Board Mtg 9:00am</i> <i>Gazette First Tuesday 12:noon</i> <i>Building & Operations First Tuesday 11:00 am</i>				We are looking for guest chefs, to cook the first Friday lunches. If you want to volunteer, call John at the Senior Center at 665-3999		

Dinner Menu
Thursday June 20th 5:00pm
Oven roasted quarter chicken
July 18th
"Ernie's Dinner"
Cheeseburger basket/ Root beer floats

LUNCH MENU
June 7th 11:30am
Chili w Corn Bread/ Dessert
July 5th
Hamburgers/Hot Dogs



DID YOU KNOW: HOW KOOL-AID WAS DISCOVERED!!

Well, Kool-Aid got its start in Hastings, Nebraska. This internationally known soft drink mix, now owned by Kraft Foods, actually started out as a liquid concentrate called **Fruit Smack**, invented by **Edwin Perkins**. Edwin Perkins was always fascinated by chemistry and enjoyed inventing things. When his family moved to southwest Nebraska around 1900, a young Perkins experimented with home made concoctions in his mother's kitchen. His father opened a General Store in Hendley, Nebraska, and it was in that store where Edwin became entranced with a new dessert mix introduced by a childhood friend (and future wife) Kitty Shoemaker. The popular powdered dessert came in six delicious flavors and was called Jell-O. In 1918, Perkins married his childhood sweetheart, Kitty, and developed a remedy to kick the tobacco habit called **Nix-O-Tine**. By 1920, the demand for this and other products he invented was so great, that Perkins and his wife moved to Hastings, which had better rail service for shipping purposes.

Another product that was proving to be popular was a concentrated drink mix called **Fruit Smack**. Fruit Smack, like Jell-O, came in six delicious flavors. The four-ounce bottle made enough for a family to enjoy at an affordable price. However, shipping the bottles proved to be costly and breakage was also a problem. In 1927, Perkins developed a method of removing the liquid from Fruit Smack so the remaining powder could be re-packaged in envelopes (which Perkins designed and printed) under a new name to be called **Kool-Ade**. (He later changed the spelling to **Kool-Aid**.) By 1931, the demand for Kool-Aid was so strong, other items were dropped so Perkins could concentrate solely on Kool-Aid. He moved the entire production to Chicago for more efficient distribution, to be closer to supplies and to be able to expand even further if necessary.

During the Great Depression, Perkins cut the price in half to just 5¢ a packet, a "luxury" most families could afford. Young entrepreneurs sprung up across the country setting up Kool-Aid stands. While most of the profits were consumed by the youngsters, it was something most children enjoyed. After the war, the demand for Kool-Aid was so great that Perkins had to expand the factory and by 1950, some 300 production workers produced nearly 1 million packets of Kool-Aid each day! In 1953, Perkins announced to his staff that he was selling Kool-Aid to General Foods. Within a year, the popular Smiling Face Pitcher was introduced in print advertisements. Root Beer and Lemonade flavors were added to the original six flavors in 1955 and pre-sweetened Kool-Aid was developed in 1964 and redeveloped in 1970. Kool-aid. Kool-Aid continues to be a popular product with roots in Hastings. It is the official soft drink of Nebraska! Edwin and Kitty Perkins never forgot their Nebraska ties and returned home often.



Intrinsic Value of Membership

Peninsula Senior Activity Center makes every effort to enhance the wellbeing of the citizens of the Peninsula, a special place to gather, meet and make friends; a place to belong and enjoy the feeling of ownership. The gift of membership dues are an integral source of funding for our community organization.

As an expression of gratitude to our supporting members the Center provides a complimentary Annual Dinner. In conjunction with the yearly Board meeting we invite everyone to our Appreciation Potluck. Membership is available to everyone twenty-one years old, however voting privileges are reserved for members fifty years or older.

The monthly Gazette calendar displays a wide variety of regular activities that are open to everyone on the peninsula: card players, crafters, quilters, Tai Chi to yoga (A modest one dollar donation by each participant is greatly appreciated). Also in the Gazette, appear menus and dates for our regular breakfasts lunch and dinner. Great meals for great deals. Local advertisers frequently offer discounts at their business.

The dedicated members who volunteer endless hours are the lifeblood of the center. PSAC relies entirely on profits from our fundraising events and membership dues to keep our doors open. And our fund raisers would not be possible without them. And it is our community "customers" that make them profitable!

Thank You! Please join us!

Melissa Goldberg

WELCOME NEW MEMBERS!

APRIL & MAY NEW MEMBERS

*Kari Gregory
Ronald & Mary Hollis
Ken & Anne Jones
Jim King
Richard Makowski
Max & Marian Morehouse
Ron & Pat Miller
Tony & Georgia Mourikis
Chester North
Douglas Prather
Sam & Marsha Scriptor
Ellen Smith
Kay Tenold
Phil Thompson*

Thank you to PSAC from the Long Beach Grange #667

The Long Beach Grange #667 would like to thank the Senior Center for the many items they donated to the Grange for their benefit auction held on April 27th. The auction earned \$1400 dollars which will be used toward the purchase of new windows and possibly roof repair.

Thank you again for your generous donations.

Grand Master – Rick Haugh

SENIOR CENTER DONATIONS

Thank you to

Lucille Hardwood, Pete Johnson, Art Newton

Make our activity center the place everyone wants to come! Volunteering some time is a good way to make that happen. Whether volunteering in the office, yard, kitchen or on a committee, PSAC Needs You!

If you can identify things that need to be done, have ideas, repair, paint, install or coordinate contractors, the Building and Operations Committee could use your help.

Other committees that might interest you are Food, Fundraising, Finance, Grants, Landscaping, Decorating, Survey, Long Term Planning, Travel and Gazette. Please see several of the meeting schedules below the calendar.

Call the office and sign up for a committee or two!

By Glenn Ripley

MEMBERSHIP RENEWAL FORM

Just a reminder, PSAC membership dues are valid January through December.

Please mail your dues in or stop by the office for a cup of coffee

PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F www.peninsulaseniorcenter.com Email: PSAC@willapabay.org

Dues \$12.00 per person 2013

5yr \$50.00

Lifetime (variable rates)

NAME _____

NAME _____

BIRTHDAY _____

BIRTHDAY _____

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Zip _____ PHONE _____ E-MAIL _____

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Office Use Only DUES YEAR _____ CASH CHECK Date Paid _____ NEW RENEWAL

CARDS ISSUED 1 or 2 _____ IN PERSON OR MAILED _____

REFERRED BY : _____

OPERATING FUNDS DONATION FORM

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am– to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

PENINSULA SENIOR ACTIVITY CENTER

NAME: _____

ADDRESS: _____

PHONE: _____

DONATION: \$ _____ for the Peninsula Senior Activity Center's Operating Account



Non-Profit
Postage Paid
Permit No.2
Ocean Park,
WA 98640

From:

Peninsula Senior Activity Center

21603 "O" Lane

Ocean Park, WA 98640

Return service requested

To:

UPCOMING EVENTS

Join us for a delicious dinner!

Friday, June 14th 5:00pm

HAWAIIAN MUSIC

Get out those Hawaiian shirts!

HAWAIIAN LUAU BUFFET

Featuring Kalhua Pork

Teriyaki Chicken

Hawaiian Macaroni Salad, mixed salads.

Stir Fry vegies and rice

Fresh Fruits & Assorted Desserts

Specialty drinks

Come and get your ticket at the office. Reservations required.

\$15.00 per person

