



Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

MARCH 2013

Peninsula Senior Activity Center

21603 "O" Lane,
Ocean Park, WA 98640

360.665.3999

**OFFICE HOURS:
MONDAY-FRIDAY
9:00-4:00**

Email:

PSAC@willapabay.org

See us on the web at
peninsulaseniorcenter.com

Find us on Facebook!

PSAC

**is available to rent for
weddings, birthdays,
meetings,**

PSAC Officers

President - Ernie Henson
Vice-President - Paul Wilson
Secretary - Gwen Wagner
Treasurer- Sandy Nelson

Board Members

Larry Cook
Butch Epperson
Jeff Pearson
John Vale
Paul Wilson

Board Meetings

2d Friday of each month 9:00 am
Office Manager
Sylvie Warren

MESSAGE FROM THE VICE- PRESIDENT

Members attending recent Board of Directors' meetings have noticed several significant improvements. Despite initial concerns from some, the reduced size of the Board of Directors has resulted in a more agile, responsive team as predicted. Another improvement is the Secretary's report. The report has been substantially reduced in length, focusing on important occurrences and things that need to be brought to the attention of the Board. Unnecessary detail has been eliminated, making the report far more focused and readable.

Another major improvement is the new expanded role of Committees. The Board has delegated responsibility and authority to each Board within their charter as defined in the new Policy and Procedure Manual. Decisions are now made at the lowest possible level, close to the "action" at the Committee meetings. This new role of committees has resulted in fewer referrals to the Board, which were previously clogging the system.

Because of their sheer size, some committees have adopted the concept of designated voting members, participants and volunteers. The smaller number of designated voting members helps define and assemble a quorum, expedites the decision/approval process, and allows the committee to move quickly when needed. As before, the broadest participation and involvement of PSAC members and volunteers is encouraged. Since Day One, volunteers have been the backbone and life blood of our Center and the real secret to our continued success.

We urge everyone to get and remain involved in the Peninsula Senior Activity Center. Aside from a look back now and then such as this, the real focus should be on the future. All of us look forward to continued improvement in our services and adding more activities to serve our valued members.

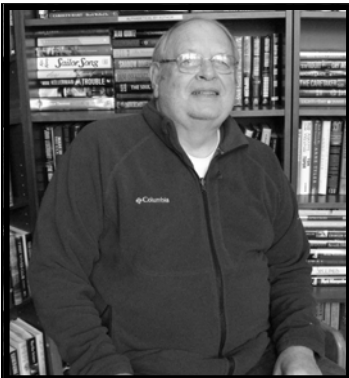
Paul Wilson

FREE MEMBERSHIP DINNER REMINDER.

If you not have not called already to confirm your time for dinner, please do so right away as space is limited and you must have a reservation.

Call 665-3999

BIOGRAPHY



When you talk with Jeff you quickly realize that family is his primary focus. You will often find him working at the center with Tammy, his wife of 45 years and conversations will almost always involve discussions about their three children or three grandchildren.

Throughout Jeff's career in the grocery and baking industry he traveled and relocated to many parts of the country. He appreciated the opportunity to explore areas that were always of interest to him.

For many years they have owned property here on the peninsula and moved her full time about 12 years ago when he retired from the Los Angeles area.

He may be retired but certainly not inactive. Jeff continues to sell metal artwork and is still involved in the retail and wholesale side of that business including the Saturday Market in Ilwaco. He enjoys travelling to see the family in Alaska and Arizona as well as golf, and bicycle riding.

The search for uncovered treasure and the thrill of the hunt is a source of inspiration for Jeff and he does regret not still having collections from his youth. He would like to get in touch with old friends and reestablish bonds.

Jeff became interested in PSAC for a chance to meet people and different challenges of activities. Some breakfasts you can find him in the kitchen flipping pancakes or otherwise helping the center. His good sense of humor and a penchant for puns whenever possible (a trait he is happy that he passed on to his sons) is much appreciated in his dealing with others at the center.

By Penny Ripley

GARAGE SALE, PLANT SALE, BREAKFAST, SATURDAY APRIL 13TH

CLEAN OUT YOUR CLOSETS! WE ARE ACCEPTING DONATIONS, CALL THE CENTER IF YOU HAVE ANY LARGE ITEMS AND YOU NEED HELP.

If you have any leftover greeting cards, yarn , fabric etc Call Sylvie at 665-3999 or you can bring it in to the Senior Center. Thank you very much.

COMMITTEE REPORTS

Can you help identify things that need to be done for our Center, provide ideas, do some repair, install something or coordinate a contractor? Perhaps the Building and Operations Committee is for you. No matter the season, there is always a project that can be done to improve the ability of our Center to make a difference.

Over the last year the committee has changed propane vendors, had furnaces replaced and changed plumbing and door hardware. We have added a projector screen and a guest PC. While we fight the moles, we help keep the lawn mowed and the gutters cleaned. Soon it will be painting season, time to seal the parking lot and ride the mower around.

Meanwhile we plan to change lighting fixtures, add more signs and a theater projector. Plans are in the works for improved parking and some new facilities. We are always open to new ideas and new ways.

Please meet with the Building and Operations Committee on the first Tuesday of each month at 10 AM in the Center library.

By Glenn Ripley

Nominating Committee

Seeking Board Member Candidates

As term limits expire for a board member(s), it is the responsibility of the nominating committee to seek replacement candidates. New board members are introduced to and elected by the entire membership at the April PSAC annual meeting and potluck. The Center is looking for persons that are interested in adding their expertise, experience and individual abilities to help PSAC grow and prosper. **If interested please call Bob Stewart at 665-0039 or Gwen Wagner at 665-5935.**



VOLUNTEER OF THE MONTH



Lorrie Haight is our volunteer of the month; she is often seen at the back of the Great Room where she is busily putting a puzzle together. Lorrie began her involvement with the Senior Center in 2008, when she began attending the Tai Chi and Yoga classes. Even though she had been taking the classes for some time she was unaware that she could become a member. Then two years ago she heard the Senior Center was having a Membership Appreciation dinner, she said WOW, that must be a great organization to have a dinner for their members, so she joined immediately and began volunteering at the breakfasts and dinners. Over

time she has become one of the Tai Chi instructors. Lorrie also volunteers at Golden Sands and at the local hospital. Lorrie and her husband Harrison (Smitty) Smith, moved to the peninsula in January of 1998 after sailing around the Pacific Ocean for 8 years. Their adventure took them too many exotic locations from the tropics to Kodiak Alaska, until they finally planted their feet on solid ground here on the peninsula. Lorrie had been caring for her husband who had been severely injured in a motorcycle accident 7 years ago until he passed away in October of 2012. Lorrie has two step daughters, 2 grandchildren and 2 great grandchildren.

There will be a Celebration of Life for Smitty, at the Senior Center, honoring Harrison "Smitty" Smith on Saturday, March 9th, from 1 to 4pm. Smitty was well known on the peninsula and loved sailing, motorcycles and poetry. He died at the age of 86 on October 25th at the Circle of Life Adult Family Home. We encourage anyone who knew Smitty to join us for a fun and entertaining afternoon. Please bring all your stories of our beloved friend.

Thanks Lorrie for all your hard work.

By Gwen Wagner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MARCH					1 9 am Crafters 9am-4pm Quilters 11:30 Lunch	2
3	4 10am Tai Chi 12 . AARP	5 12.30 p Bridge 1pm Cribbage	6 10:30 Yoga 1pm Pinochle	7 10 am Tai Chi 1 pm Pinochle	8 9am Bd Mtg 9 am Crafters	9 8am-11am Pancake Breakfast
10	11 10 am Tai Chi	12 12.30 p Bridge 1pm Cribbage 6 pm Lions	13 10:30 am Yoga 1pm Pinochle	14 10 am Tai Chi 1pm Pinochle 6 pm Bunco	15 9am Crafters 9am Quilters 5 pm Games	16
17 <i>Membership</i> <i>Dinner</i> <i>St Pat's Day</i>	18 10 am Tai Chi 2 pm Ice Cream Social	19 12.30 p Bridge 1pm Cribbage	20 10:30 am Yoga 1pm Pinochle	21 10 am Tai Chi 1pm Pinochle 5pm Dinner	22 9 am Crafters 9am-4pm Quilters	23
24	25 10 am Tai Chi	26 12.30 p Bridge 1pm Cribbage 6 pm Lions	27 10:30 am Yoga 1pm Pinochle	28 10 am Tai Chi 1pm Pinochle	29	30 8am-11am Pancake Breakfast
31 EASTER						

Dinner Menu

Thursday March 21st 5:00pm

Corned Beef & cabbage

Dessert



LUNCH MENU

Friday , March 1st 11:30 am Lunch:

Reuben Sliders

Friday , April 5th 11:30 am Lunch:

Taco salad

PSAC MEMBERSHIP CHALLENGE

Currently the Senior Center has 533 members; President Ernie would like to see this number doubled this year. So the PSAC Board is challenging each of our current members to sign up a new member and receive a free breakfast! There is no limit to the number of free breakfasts, so bring in new members! **Please note the membership form has been modified to include a place for the signature of the referring member as well as the new member's information.** For every 5 new members the referring member will receive a ticket that will be placed in special cash drawing to be held on December 19th. Based on our new membership success a minimum of \$350.00 will be available to win; \$200.00, \$100.00, \$50.00. Should we reach our goal of doubling our membership, the prizes will increase. You do not have to be present to win.

MAKE ERNIE'S DAY!

**OFFICE WALK-IN MEMBERSHIPS WILL NOT BE CONSIDERED FOR THE DRAWING
(Unless they have been referred by someone)**

What does a \$12.00 PSAC membership mean: a place to meet old and new friends, enjoy activities, use of a wonderful facility, a large library of books and movies, free Wi Fi, delicious breakfasts and dinners, and a monthly newsletter. Several of the local businesses have purchased advertising space in the newsletter and offer discounts to PSAC members. Membership includes hall rental discount, travel discount, an annual free dinner and voting privileges. A PSAC membership also allows discounted fees at the Golden Sands Fitness Center, located at 21608 "O" Lane, across the street from the Senior Center. Some of their equipment includes Nautilus Weight machines, treadmill, Nu-step, Recumbent Bike, and more.

NOTE: It has been determined that everyone is eligible to participate in selling PSAC memberships, since the goal is to get as many new members as possible.

Garlic Gourmet New Potatoes

- 2 lbs Baby Red Potatoes
- 2 Tbsp Butter
- 4 oz Blue Cheese
- ½ Cup Whipping Cream
- 3 Tbsp. Durkee Presti's Garlic Romano Sprinkle
- (I used Roasted garlic & Parmesan Cheese)



Cut potatoes into chunks. Cook just until tender. Drain well and chill until ready to assemble. Melt butter & sauté potatoes until they begin to brown. Add bleu cheese crumbles, cream and Garlic Romano Sprinkle. Stir until cheese has melted and sauce has thickened. Serve immediately, serves 8. *By Gwen Wagner*

Committee Meetings

<i>Fundraisers</i>	<i>First Tuesday</i>	<i>4:00 pm</i>
<i>Finance</i>	<i>Wed. before Board Mtg</i>	<i>9:00am</i>
<i>Gazette</i>	<i>First Tuesday</i>	<i>9:00 am</i>
<i>Kitchen crew</i>	<i>First Monday</i>	<i>2:00pm</i>
<i>Building & Operations</i>	<i>1st Tuesday</i>	<i>10:00 am</i>

SENIOR CENTER DONATIONS

**Thank you to
Hal Gardner**

Wednesday, March 20th

from 6pm-7:30pm.

The Pacific County sheriff's Office will hold a community meeting at the Senior center. Meet with their staff and they will answer questions that you may have regarding their office or issues in the community.

It is that time of the year again, and if you have not already renewed your membership, you can fill out the form below and return it to the Senior Center. You can mail it in or bring it by the office and stop for a cup of coffee. Your contributions are very important to the operation of this facility as we are totally supported by dues and donations. Thank you!

PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F www.peninsulaseniorcenter.com Email: PSAC@willapabay.org

Dues \$12.00 per person 2013 5yr \$50.00 Lifetime (variable rates)

NAME _____ NAME _____

BIRTHDAY _____ BIRTHDAY _____

ADDRESS _____ CITY _____ STATE _____

Zip _____ PHONE _____ E-MAIL _____

Would you like to receive our newsletter by Regular mail e-mail and regular mail e-mail only

Office Use Only DUES YEAR _____ CASH _____ CHECK _____ Date Paid _____ NEW _____ RENEWAL
 _____ CARDS ISSUED 1 or 2 _____ IN PERSON OR MAILED _____

REFERRED BY : _____

OPERATING FUNDS DONATION FORM

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am– to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

PENINSULA SENIOR ACTIVITY CENTER

NAME: _____

ADDRESS: _____

PHONE: _____

DONATION: \$ _____ **for the Peninsula Senior Activity Center's Operating Account**



Non-Profit
Postage Paid
Permit No.2
Ocean Park,
WA 98640

From:

Peninsula Senior Activity Center

21603 "O" Lane

Ocean Park, WA 98640

To:

TRAVEL NOTES

Fliers for the **April 23-26** Tulip and Silver Reef Hotel and Spa trip are in the Senior Center now. This is such a popular trip that our single rooms are sold out. This trip is a 4 day/3 night affair, including an excursion into the tulip fields and or flower gardens and 9 meals at the hotel very good eateries. There will be time to take advantage of the Silver Reef's Great Spa facilities on this trip.

We have not been able to complete the arrangements for Evergreen Aviation and Space Museum trip (2 days/1night) overnighiting at Spirit Mountain Hotel. Finding an appropriate date for the trip seems to be a bit of a problem with bus schedules without being too close to our April trip.

Sights and Sounds of Leavenworth is the theme for our August (15-18) trip, with lodging at the Bavarian Inn. More information on this fantastic trip will be forth coming. This is just a teaser!

PSAC Services Available

Free Wi Fi

Guest computer access

Library

Video Library

Free Cup of coffee and Chat!