



Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

MAY 2013

Peninsula Senior Activity Center

21603 "O" Lane,
Ocean Park, WA 98640

360.665.3999

**OFFICE HOURS:
MONDAY-FRIDAY
9:00-4:00**

Email:

PSAC@willapabay.org

See us on the web at
peninsulaseniorcenter.com

Find us on Facebook!

PSAC

**is available to rent for
weddings, birthdays,
meetings,**

PSAC Officers

President - Ernie Henson
Vice-President - Paul Wilson
Secretary - Gwen Wagner
Treasurer- Sandy Nelson

Board Members

Larry Cook
Butch Epperson
Jeff Pearson
John Vale
Paul Wilson

Board Meetings

2d Friday of each month 9:00 am
Office Manager
Sylvie Warren

MESSAGE FROM THE PRESIDENT

Janet and I are back in town after a six week trip to Southern California where we took care of some family business. You probably did not miss us at all, due to the great job that Vice President Paul Wilson and your board did in our absence.

A meal of Apricot glazed pork loin and all the fixings was served to the 168 of our members at the annual membership appreciation dinner. John Vale and his crew of volunteers did a bang up job. This is a great way to meet new friends and enjoy a superb meal. This event happens once a year so watch for it, so save the date and remember this is a free meal to say thank you to our membership.

On Saturday the thirteenth we had a combo breakfast, plant sale, garage sale with well over 200 people attending, 175 for breakfast alone. A big thank you to Bob Stewart and his kitchen crew, Jeff Pearson and Glenn Ripley for the plant and tree sale and to Sandy Stewart, Sylvie Warren and their crew for the garage sale. The day was a huge success.

The membership drive is going great guns , we are up 92 new members to date bringing our total membership to 644. Don't forget the possibility of winning \$200.00, at the drawing to be held during our December dinner. If you have signed up five new members, your name goes in the pot.

Kudos to our finance committee , they have reinvested money from our low paying investments (.25% to .50%) into mutual funds that have earned us an unrealized gain of over 10%.

As a community resource we are hosting a spaghetti dinner to raise money for the Community Table. The Community Table is a charity that serves free lunches every Monday at the Lutheran Church on "U" street. The event is planned for Wednesday, May 8th from 5:00 to 7:00pm. The spaghetti dinner will include salad, garlic bread, and dessert, come on out and enjoy a great meal while supporting a worthwhile cause. The cost is \$8.00 for adults and \$5.00 for children 12 and under, under 5 are free.

I am glad to be home and as always I appreciate your support.

Your President, Ernie Henson



Part Two Continuation of the Anne Nixon Family Story Series

My great aunts were called "the old folks" and this month I'll tell you about their first years in Oysterville. They were a happy bunch. Intending to retire, they found themselves working very hard until World War II. Never did I hear a cross word between them, as exhausted as they must have been at times. This story originated with my aunt, Helen, who eventually married Glen Heckes. Anne

In 1919 four sisters, who were Glen's mother and her siblings, two with families, began coming to Oysterville. They were: his parents, who we kids knew as Aunt Nanny and husband Uncle John Heckes; Aunt Ann and her husband Lou Kemmer (my grandparents) with their two sons Roy and Bob; and two maiden sisters, Aunt Ev and Aunt Rye. They had purchased cranberry land from one of the Greenman family while still in Portland.

After coming to Oysterville to see their property they bought a house to live in when they came down to put in the cranberry beds. This house, which is now often called "the bottle house" because of the collection in long windows facing Territory Road, was originally lived in by one of the Andrews' who had come north from California. It was in a state of bad repair but the folks thought it could be made into a comfortable dwelling. Small seedlings of Monterey cypress had been planted to the south and west of the property by Tom Andrews. They are not visible in old pictures but grew over the years until they formed a wall which was affected and broken into by various storms.

Only Glen and one of the aunts lived in the house full-time. They owned a residential hotel in Portland and went back and forth. It was a nice home, one of Julius Meier's former residences. Later when they had all come to Oysterville, having sold their Portland house, a woman named Mrs. Rochester learned of the small town where life was very simple. Her little boy was sickly and the doctor recommended he go to the sea shore to have fresh air and country living. So they became the folks' first summer boarders.

Word about this place spread over the next 20 years until we were accommodating, including extra reservations for dinner, 50 or 60 people a day. We bought two other homes to increase bedrooms, besides building a small cottage and renting rooms from Aunt Dora in the old Espy house (the big red house to the north). We added a sun porch around the original dining room. Every few years we had to turn the room used as a kitchen into a dining room and build another kitchen. The Duncan Hines book, a little paperback containing places recommended for good eating, listed the Heckes Inn.

Life at Oysterville was very primitive but that was perhaps part of its charm. Although some girls came from Naselle every summer to wait on tables and make beds, some of the boarders liked to do their own thing. Men often came down in the morning carrying their big white buckets of potty/wash water to empty. The women occasionally made their beds and brought down the coal oil lamps to have them filled and the chimneys washed. Many enjoyed picking fruit and berries, and others helped Uncle John by pulling carrots or picking and shelling peas. For amusement they made trips to the ocean beach to dig clams and rake crabs from huge depressions, called crab holes. They were cleaned and cooked to be used at one of the meals.

By Anne Nixon

COMMUNITY SERVICE ORGANIZATION OF THE MONTH

For the next few months the Gazette newsletter will be featuring articles on the many non-profit organizations that provide both emergency and regular services to the community of the Long Beach Peninsula.

Our first non-profit is **The Ocean Park Food Bank** which has been active on the peninsula for many years, however during that time it was called the Reachout Food Bank. The name was changed in 2009 when the food bank became a 501-3C non profit. They have a Board of Directors, consisting of: President Michael Goldberg, Vice-President Cookie Preston, Secretary/Treasurer Charlotte Paliani, Food Manager Sheryl Wren and Volunteer Co-coordinator Katie Smith.

The food is provided by the NW Harvest - Seattle, Coastal Harvest – Hoquiam, Oregon Food Bank, along with many local donations. Two years ago the Food Bank Board introduced the Home Pickup or the Green Bag program. The way it works is individuals sign on to fill a Green Bag with non-perishable food, which is picked up every two months by a food bank volunteer. A new bag is then left in its place, which will again be picked up in two months. The Green Bag participants need not be home, the bag is placed in a designated place outside. Currently they have 150 participants, but Michael said they would like to get many more enrollees into this program. He added the community is very generous with both cash and food. Currently the Food Bank provides food for 400 families (1100 people) a month serving the whole peninsula. This equates to 18,000 lbs of food a month. The only requirements to be eligible for supplies from the Food Bank, is the name of the individual or family and the number of people in the household. There are 400-500 names on the list on a regular basis, any of these people may come into the Food Bank twice a month, giving their names and the number of people in their family. The OP Food Bank is open 4 days a week, Tuesday-Friday; hours are 10 am to 3 pm.

The OP Food Bank has its own fund raisers from time to time. They will be holding their annual Bake Sale on May 25th from 8 am- 5 pm at the Food Bank. Please mark the date on your calendars.

By Gwen Wagner



A conversation with PSAC Board Secretary Gwen Wagner

To a young girl in Nebraska an ocean view scene from a Joan Crawford movie made a lasting impression. After a 25 year career with AT&T in the engineering department that took her to Seattle, California, and New Jersey, Gwen feels that God led her to the peninsula in 1994. Her children (2 girls and a boy) also live in the Northwest region.

Gwen enjoys travelling and has made many journeys including a trip to Africa (Tanzania) with her granddaughter, Europe with her daughter and 6 weeks in Belgium with her daughter and son in law who was stationed there with the Marines.

When time permits, Gwen likes to read, do cross stitch and other embroidery. She also collected dried flowers and has won a purple ribbon at the local grange for a dried floral picture and a blue ribbon for another piece at a local art show. This free time is a minimum due to the volunteer work that she does with PSAC, the board of the grange, and serving as fellowship chair with her church. Even though she admits that she is not bubbly or shows such emotions outwardly she would like people to know that she really does enjoy participating in many activities.

With all her travel it was surprising to learn that Gwen is terrified of heights and will drive miles out of her way to avoid high bridges or similar situations. Flying is ok but don't ask her to climb the stairs at the Astoria column. She certainly had to learn how to deal with that Astoria bridge before she made the decision to live out on the peninsula but we are glad she made that effort and we have her as part of the PSAC board.

By Penny Ripley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY			1 10:30 Yoga 1pm Pinochle	2 10 am Tai Chi 1 pm Pinochle	3 9 am Crafters 11:30am Lunch	4
5	6 10am Tai Chi 12 . AARP	7 12.30 p Bridge 1pm Cribbage	8 10:30 Yoga 1pm Pinochle	9 10 am Tai Chi 1pm Pinochle 6 pm Bunco	10 9am Bd Mtg 9 am Crafters	11 8am-11am Pancake Breakfast
12	13 10 am Tai Chi	14 12.30 p Bridge 1pm Cribbage 6 pm Lions	15 10:30 am Yoga 1pm Pinochle	16 10 am Tai Chi 1pm Pinochle 5pm Dinner	17 9am Crafters 9am Quilters	18
19 2:00pm Movie <i>Les Miserables</i>	20 10 am Tai Chi 2 pm Ice Cream Social	21 12.30 p Bridge 1pm Cribbage 6 pm Lions	22 10:30 am Yoga 1pm Pinochle	23 10 am Tai Chi 1pm Pinochle	24 9 am Crafters 9am-4pm Quilters	25 8am-11.am Pancake Breakfast
26	27 10 am Tai Chi	28 12.30 p Bridge 1pm Cribbage	29 10:30 am Yoga 1pm Pinochle	30 10 am Tai Chi 1pm Pinochle	31 9 am Crafters 9am-4pm Quilters	
Committee Meetings <i>Fundraisers First Tuesday 4:00 pm</i> <i>Finance Wed. before Board Mtg 9:00am</i> <i>Gazette First Tuesday 12:noon</i> <i>Building & Operations First Tuesday 10:00 am</i>				We are looking for guest chefs, to cook the first Friday lunches. If you want to volunteer, call John at the Senior Center at 665-3999		

Dinner Menu
Thursday May 16th 5:00pm
Cinco De Mayo Dinner
Pork Tamale pie, Enchiladas
Corn ,green chilies and Ernie's beans.
Tres Leches cake
Margarita punch

LUNCH MENU
First Friday ,May 3rd 11:30am
Guest Chef, Michelle Beaulieu
Two toned Grilled Cheese, Homemade Tomato soup, Dessert
June 7th 11:30am
Chicken Stew w/dumplings. Dessert



SPOTLIGHTING

The Depot Restaurant –

For the past 10 years Michael Laewicz and Nancy Gorshe have owned and operated the Depot Restaurant. Michael is an Executive Chef with training from a culinary school in Portland. Michael and Nancy met in Washington DC; Michael owned a catering business and Nancy was a lobbyist for Health Care. They met when Nancy hired Michael to cater an event and as they say the rest is history. Michael has been an Executive Chef for 20 years and Nancy held an Executive position working with Nursing Homes, Assisted Living etc. for 30 years. Living in Portland it was a short drive to come to their place here at the beach, which they had owned for 6 years. They enjoyed the beach and decided it might be the appropriate time to try Peninsula living. So Michael went to work as the Executive Chef at the Shelburne, while he and Nancy made a decision to buy a B&B or a restaurant. Since Michael's love was cooking, they decided upon a restaurant, they made an offer on the Ark which was not accepted, but as luck would have it the Depot was for sale, the owners heard that Michael and Nancy were interested in purchasing a restaurant, gave them a call and it was a fit. Michael and Nancy quickly learned the Depot was a great part of the peninsula history.

The Depot is a historical building, with the floors and ceiling date back to 1880, the walls are 1905. Both love the history of the building and Nancy has become a large part of the July Train Days events, this year the museum is celebrating 125 years of the Clamshell Railroad, which Nancy will be a large part of by hosting her bus tour throughout the peninsula. In my opinion their restaurant is considered Fine Dining and it is a special treat to be seated near the kitchen at the Chef's Table, where you may observe the culinary skills of Chef Michael. While it is Fine Dining the atmosphere is very comfortable and warm.

The Coastal Magazine has spotlighted them eight times, honoring them with awards for the **Best Fine Dining**, the **Best Desserts**, **Best Chowder**, **Best Burgers** and one of the most important of all is **Best Service**, Nancy takes great pride in acknowledging the fact that they have had the same staff for all of their 10 years. The Depot is open 7 days a week from 5 pm until closing, which Nancy says there is no real set time; it could be 10 pm or longer if there is business.

By Gwen Wagner

BROCCOLI SALAD (From Thursday night dinner)

- 1 large head broccoli, trimmed and coarsely chopped
- 1 small red onion chopped
- ½ c raisins
- ½ c sunflower seeds, unsalted
- 1/2c crumbled bacon (4 to 5 slices cooked and drained)

Dressing

- ½ c mayonnaise
- 1T sugar
- 1T seasoned rice wine vinegar

Whisk together, Pour over broccoli, toss all ingredients together.

By John Vale

VOLUNTEER OF THE MONTH



David Roehm is our volunteer for May; he is easily recognizable by his many baseball caps. He has been coming to the peninsula on his vacations and weekends since the mid 1990's and has been volunteering at the Senior Center every since it opened. He recalls that Jeannie Ellevold, who was one of the Founding members of the PSAC, recruited him to help with anything that was needed at that time. David was born in Portland, OR and had a 24 year career with OSHU as a Certified Pool Operator. When he retired over two and one half years ago, he moved to the peninsula continuing his volunteering only now on a daily basis. David helps with setting up the tables and chairs for the breakfasts and dinners as well as putting the eating utensils etc, on the tables; he takes care of the books at the garage sales, helps with the plant sales, keeps the pond clean and helps in the flower beds as needed in the summer and helps get the Gazette ready for mailing every month. David is very reliable and is called upon for many other needed tasks. David also participates in most of the activities at the center; he plays bridge, pinochle, cribbage, and goes on most of the sponsored trips. He loves museums, and baseball, his favorite baseball teams are the Cincinnati Reds and the Mariners. David's volunteering extends out into the community as well; he is very active at the Food Bank as well as participates in the Food Banks Green Bag program, helps out at the high school fund raisers and the Children's Back Pack program. Thank you David for all you do for the Senior Center and the community.

By Gwen Wagner

WELCOME ALL NEW MEMBERS.!

JANUARY NEW MEMBERS

Dybach Joanie	Haynes William & Barbara	Linden Dee
Brooks Deanna	Heesen Joan	Milhiser Glenn
Campbell Harry	Hickey Daniel	Ratliff Linda
Fancher Wayne	Howard Vanessa	Stidham Bill & Judy
Forrester Linda	Huffman Jacqueline	Stilman June
Freemantle Aubrey	Jordan Linda	Virgin Othell & Kathy
Gates-Milhiser Beth	Kline Gary	Weyl David & Jeannie
		Wyman Connie

FEBRUARY NEW MEMBERS

Bergman Joann	Geislzer Muriel	Mooney Daniel
Bastasini Richard	Grow Jerry	Mulderig David & Nancy
Battles Dennis & Darlene	Harr Albert	Rindflesch Carl & Sue
Blackman Sue	Hutton Bill & Joyce	Seeley John
Christenson Linda	James Francis	Wattum Vivian
Correy James & Anita	Kaczmarek Howard	Westerberg Robert & Aletha
Cox Jonathan	Kellis Leonard	Williams Martha
Duff Dewey	MacPherson Judi	Young Carol

MARCH NEW MEMBERS

Anderson Louisa	Gordon Kathy	Kersting Lois & Henry
Bross Nancy	Guardino Vanda	Murrell Mary & Grant
Corley Wayne	Holterman John & Pat	Renaud Shirley
Doyle Danny	Huffman Roy & Linda	Tinker Kay
Earl Becky	Jones Sheila	Weyl Robert & Joanne

MEMBERSHIP RENEWAL FORM

Just a reminder, PSAC membership dues are valid January through December.

Please mail your dues in or stop by the office for a cup of coffee

PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F www.peninsulaseniorcenter.com Email: PSAC@willapabay.org

Dues \$12.00 per person 2013

5yr \$50.00

Lifetime (variable rates)

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NAME _____

BIRTHDAY _____

BIRTHDAY _____

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Zip _____ PHONE _____ E-MAIL _____

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Office Use Only DUES YEAR _____ CASH CHECK Date Paid _____ NEW RENEWAL

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OPERATING FUNDS DONATION FORM

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am– to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

PENINSULA SENIOR ACTIVITY CENTER

NAME: _____

ADDRESS: _____

PHONE: _____

DONATION: \$ _____ for the Peninsula Senior Activity Center's Operating Account



From:

Peninsula Senior Activity Center

21603 "O" Lane

Ocean Park, WA 98640

Non-Profit
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To:

UPCOMING EVENTS

COMMUNITY TABLE DINNER FUNDRAISER

Wednesday May 8th 5:00– 7:00pm

HELP SUPPORT THE FREE MONDAY LUNCH AT THE LUTHERAN CHURCH!!

SPAGHETTI DINNER MEAT SAUCE, GARLIC BREAD, SALAD AND DESSERT

\$8.00 ADULTS

\$5.00 FOR KIDS 5-13,

UNDER 5 FREE

MOVIE MATINEE ,SUNDAY MAY 19TH 2:00pm

Showing " Les Miserables"

HAWAIIAN LUAU PARTY, Peninsula style.

Friday, June 14th 5:00pm

Tickets will go on sale May 1st