



# Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

**FEBRUARY 2013**

## Peninsula Senior Activity Center

21603 "O" Lane,  
Ocean Park, WA 98640

**360.665.3999**

**OFFICE HOURS:  
MONDAY-FRIDAY  
9:00-4:00**

Email:

**[PSAC@willapabay.org](mailto:PSAC@willapabay.org)**

See us on the web at  
[peninsulaseniorcenter.com](http://peninsulaseniorcenter.com)

**Find us on Facebook!**

**PSAC**

**is available to rent for  
weddings, birthdays,  
meetings,**

### PSAC Officers

President - Ernie Henson  
Vice-President - Paul Wilson  
Secretary - Gwen Wagner  
Treasurer- Sandy Nelson

### Board Members

Larry Cook  
Butch Epperson  
Jeff Pearson  
John Vale  
Paul Wilson

### Board Meetings

**2d Friday of each month 9:00 am**  
Office Manager  
Sylvie Warren

## MESSAGE FROM THE PRESIDENT

Happy New Year, may the year 2103 see you healthy and happy, this is going to be a big year, not that 2012 was so bad. We actually had a great year with many accomplishments not the least of which was a larger membership (533 paid members as of December 31<sup>st</sup>). We have a nearly completed policy and procedure manual. Our Gazette is now published twelve times a year with a much improved content, thanks to Gwen Wagner with Sylvie Warren and the rest of the Gazette crew. Sylvie and I along with Glenn Ripley, Butch Epperson, Jeff Pearson, and John Vale have worked hard to create a more efficient office space. There is always something more to do, but stop by and see what has been done so far.

Dale Shoemaker and John Vale began a Friday Lunch program that is a great success. This is the best \$5.00 lunch you will find anywhere. Our upgraded dinners this year have been a huge success; Christmas dinner was so good that we had lots of people who wanted to make a reservation for 2013. Our dinner crew headed by John Vale and Jeri Dawson plan to continue with these wonderful monthly dinners and plan to add four super special dinners too.

Under the guidance of our financial committee we established investment guidelines and opened an account with Schwab Investment group. To date we have generated a 7% return in our Schwab account compared to our CD rate return of less than one half of 1%.

Yes, 2012 was a great year but your board and I have great aspirations for 2013. We are looking to double our membership, sounds like a big job but actually it should be fairly easy and lots of fun to boot. The plan is for each member to sign up just one new member. Easy, right? But wait, the fun part is that for every member that you sign up you will receive a voucher for one free breakfast. If you sign up 5 new members, your name will be entered in a drawing for cash prizes. That's right for every 5 members you sign up your name will be added to the drawing. The drawing will be held at our 2013 Christmas dinner on December 19<sup>th</sup>. First prize will be \$200.00, second prize \$100.00 and third prize \$50.00. Of course, Sylvie and your board members will not be eligible, so let the game begin. Win one of the best breakfast on the Peninsula and a chance to win a cash prize at the best time of the year just before Christmas. To make this event more fun there will be three winners, ( one person cannot win more than one prize).

Thanks for the cards , calls and good thoughts from all of my friends here at the center after my recent surgery.

*Ernie Henson , Board President*

## BIOGRAPHY



Ben Zinser is our member of the month; most people that know him refer to him as gentle Ben. Ben has belonged to the Senior Center since 2002 and in my opinion he probably utilizes the Senior Center facilities and activities more than any other member. (Excluding the volunteers and Board members). Almost every Tuesday Ben is playing cribbage, Wednesday's and Thursday's you will find him at the pinochle tables. Ben and his friend Ruby Heckes attend most of the PSAC breakfasts and dinners. Ben says the dinners are especially good, I can contest to that as I have put on some weight, he adds with a laugh.

Ben was born in Kennewick, WA, in 1936; his father moved the family to Longview in 1940. Ben has one sister who lives in Vancouver. His father passed away in 1972 and his mother in 1988. Ben and his first wife Jean grew up together in Longview and married in 1954. They divorced in 1972. Ben and Jean had five children, two boys and three girls. The oldest son lives in Longview, one of the girl's lives in Salem, and the twin girls live in Portland. Their youngest son was a marine and was killed in a helicopter accident in 1989, while on maneuvers in South Korea. There were 39 marines on board, 18 were killed. Ben also has 7 grandchildren

Ben and his second wife Luann lived in Longview, Washington, before coming to the peninsula. In 1992, they bought property here on the peninsula and built a house. They moved into their beach house in 1995 when Ben retired from Longview Fiber after 40 years of service. At this time Luann's health was not the best as she had emphysema and had been treated a few years before for melanoma. However the melanoma returned after they moved here and she passed away in 2001. Luann had three children which Ben considered his family also.

Ben is a very caring person, it shows in the manner in which he cared for his wife Luann over the years. Then in 2002 he met his friend Norma Clark who had been on oxygen for many years. When Norma became very ill and required constant care, Ben cared for her until she moved to a care center in Raymond WA, where she passed away in 2010.

Ben said he used to like to fish and hunt but due to foot surgery in 1994, he no longer can participate in these hobbies. He likes to go clam digging and enjoys all sea food. Besides his Senior Center activities, he belongs to the Eagles and the Moose. Thanks to great supportive members like Ben the Senior Center is a neat place to meet friends.

*By Gwen Wagner*

## DONATIONS THANK YOUS

Peninsula Pharmacies Inc. selected the Senior Center as their featured organization for their Discounts and Donations campaign in December. Their special 20% off the Jim Shore Gifts and collectables brought in \$1,444.54 in sales. They donated to us 20% of the sales, for an amount of \$288.91.

## PSAC is the Recipient of the 2012 Ocean Park Chamber of Commerce

### Holiday Decorating Contest



*Ernie Henson, Karen Boardman*

In December each year, the Ocean Park Chamber of Commerce holds a contest for the best Christmas Decoration; there are two categories one for inside and another for outside. This year the Peninsula Senior Activity Center (PSAC) decided to enter the indoor decorating contest. While the Senior Center is always nicely decorated for the holidays, this December was extremely festive. The decorating committee consisting of Robert and Sandy Stewart, Janet Henson, Jeri Crumbley, John Vale, Sylvie Warren and Jeff Pearson spent countless hours decorating 5 trees as well as several days putting up the garland etc. When it was completed they agreed the Center should be entered in the Chamber's decorating contest. To our surprise PSAC won, President Ernie was notified and asked to attend the Chamber meeting January 9<sup>th</sup> to accept the Plaque. The Plaque will be displayed at the Center for all of this year.

### Another New Year

...and more resolutions. It's a must-do, even if they are forgotten by the very next day. Here are some suggestions for you just in case you forgot to make new ones this year or are just looking for ideas:

Resolved that I (we) will attend at least one dinner at the Center this year, especially considering the rave reviews they've been getting lately.

Resolved that I (we) will meet our old friends at a pancake breakfast at least once this year and maybe try the French toast for a change.

Resolved that I (we) will explore at least one the many activities at the Center, possibly finding inner peace through Tai Chi.

Resolved that I (we) will not miss the bazaars and garage sales because sometimes you find great stuff that you didn't realize you needed.

Resolved that I (we) will attend at least one Board meeting to try to find out what's going on at the Center.

Resolved that I (we) will meet and greet one person that we meet at a Center function who's new to us.

Lastly, resolved that I (we) will spread the good word about the Center and sign up at least one new member this year and I (we) will always wear a smile.

*By Paul Wilson*

### German Apple Squares

2 – ½ cups Flour  
1 cup Butter  
1- ½ cups Sugar  
Cinnamon  
2 or 3 apples grated  
2 tsp baking powder  
2 eggs



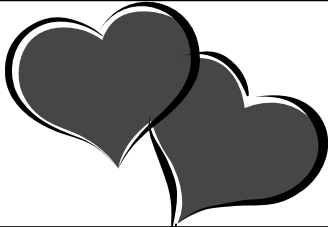
Mix flour, sugar, baking powder and butter together like you were making a piecrust, blend in eggs (beat them first), don't stir too much. Spread half of the dough in a 9x13 pan, cover with the grated apples, then cover the apples with the cinnamon (to taste) drop by spoonfuls the remaining dough over top of the apples, Bake at 375 for 30 minutes or less.

Immediately brush on icing.

½ cup powdered sugar, 1-1/2 tbslp. Milk, 1 tbslp. Rum or vanilla.

**Enjoy!**

*By Gwen Wagner*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p style="text-align: center;"><b>FEBRUARY</b></p>					<b>1</b> <b>9 am</b> Crafters <b>9am-4pm</b> Quilters <b>11:30 Lunch</b>	<b>2</b>
<b>3 2:p</b> <b>Superbowl</b> <b>Potluck</b>	<b>4</b> <b>10am</b> Tai Chi <b>12 .</b> AARP	<b>5</b> <b>12.30 p</b> Bridge <b>1pm</b> Cribbage	<b>6</b> <b>10:30</b> Yoga <b>1pm</b> Pinochle	<b>7</b> <b>10 am</b> Tai Chi <b>1 pm</b> Pinochle	<b>8</b> <b>9am</b> Bd Mtg <b>9 am</b> Crafters	<b>9</b> <b>8am-11am</b> <b>Pancake</b> <b>Breakfast</b>
<b>10</b> <b>2:p</b> Movie <b>Matinee</b> <b>“Mama Mia”</b>	<b>11</b> <b>10 am</b> Tai Chi	<b>12</b> <b>12.30 p</b> Bridge <b>1pm</b> Cribbage	<b>13</b> <b>10:30 am</b> Yoga <b>1pm</b> Pinochle	<b>14</b> <b>10 am</b> Tai Chi <b>1pm</b> Pinochle <b>6 pm</b> Bunco	<b>15</b> <b>9am</b> Crafters <b>9am</b> Quilters <b>5 pm</b> Games	<b>16</b>
<b>17</b>	<b>18</b> <b>10 am</b> Tai Chi <b>2 pm</b> <b>Ice Cream</b> <b>Social</b>	<b>19</b> <b>12.30 p</b> Bridge <b>1pm</b> Cribbage	<b>20</b> <b>10:30 am</b> Yoga <b>1pm</b> Pinochle	<b>21</b> <b>10 am</b> Tai Chi <b>1pm</b> Pinochle <b>5pm</b> Dinner	<b>22</b> <b>9 am</b> Crafters <b>9am-4pm</b> Quilters	<b>23</b> <b>8am-11am</b> <b>Pancake</b> <b>Breakfast</b>
<b>24</b>	<b>25</b> <b>10 am</b> Tai Chi	<b>26</b> <b>12.30 p</b> Bridge <b>1pm</b> Cribbage	<b>27</b> <b>10:30 am</b> Yoga <b>1pm</b> Pinochle	<b>28</b> <b>10 am</b> Tai Chi <b>1pm</b> Pinochle		

***Dinner Menu***

***Chicken Marbella***

Chicken with wine, prunes , olives & capers

Rice , salad.

Petite Cherry Cheesecake for dessert!

**LUNCH MENU**

**Friday , February 1st 11:30 am Lunch:**

French Dip Prime Rib

**UPCOMING EVENTS:**

**Friday , March 1st 11:30 am Lunch:**

Reuben Sliders



## PSAC Membership Challenge

Currently the Senior Center has 533 members; President Ernie would like to see this number doubled this year. So the PSAC Board is challenging each of our current members to sign up a new member and receive a free breakfast! There is no limit to the number of free breakfasts, so bring in new members! **Please note the membership form has been modified to include a place for the signature of the referring member as well as the new member's information.**

For every 5 new members the referring member will receive a ticket that will be placed in a special cash drawing to be held on December 19<sup>th</sup>. Based on our new membership success a minimum of \$350.00, \$200.00, \$100.00, \$50.00 will be available to win; Should we reach our goal of doubling our membership, the prizes will increase. You do not have to be present to win.

**MAKE ERNIE'S DAY!**

**OFFICE WALK-IN MEMBERSHIPS WILL NOT BE CONSIDERED FOR THE DRAWING.**

**(Unless they have been referred by someone)**

**BOARD MEMBERS ARE EXCLUDED FROM THE DRAWING.**

**What does a \$12.00 PSAC membership mean:** a place to meet old and new friends, enjoy activities, use of a wonderful facility, a large library of books and movies, free Wi Fi, delicious breakfasts and dinners, and a monthly newsletter. Several of the local businesses have purchased advertising space in the newsletter and offer discounts to PSAC members. Membership includes hall rental discount, travel discount, an annual free dinner and voting privileges. A PSAC membership also allows discounted fees at the Golden Sands Fitness Center, located at 21608 "O" Lane, across the street from the Senior Center. Some of their equipment includes Nautilus Weight machines, treadmill, Nu-step, Recumbent Bike, and more.

### Memorial Donations

#### *In Memory of Sylvia Weil*

Dee & John Carbaugh

Jeri Dawson

Adeline Jacobs

Lucille Hardwood

Vicki Libby

Rita Sayer

John Vale

Brooke Weller



### Committee Meetings

<i>Fundraisers</i>	<i>First Tuesday</i>	<i>5:00 pm</i>
<i>Finance</i>	<i>Wed. before Board Mtg</i>	<i>9:00am</i>
<i>Gazette</i>	<i>First Tuesday</i>	<i>9:00 am</i>
<i>Kitchen crew</i>	<i>First Monday</i>	<i>2:00pm</i>

### SENIOR CENTER DONATIONS

**Thank you to**

***Tina Davis***

## HISTORICAL TRIVIA

Common entertainment included playing cards. However, there was a tax levied when purchasing playing cards but only applicable to the 'Ace of Spades..' To avoid paying the tax, people would purchase 51 cards instead. Yet, since most games require 52 cards, these people were thought to be stupid or dumb because they weren't playing with a full deck..'

\*\*\*\*\*

It is that time of the year again, and if you have not already renewed your membership, you can fill out the form below and return it to the Senior Center. You can mail it in or bring it by the office and stop for a cup of coffee. Your contributions are very important to the operation of this facility as we are totally supported by dues and donations. Thank you!

**PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP**

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F [www.peninsulaseniorcenter.com](http://www.peninsulaseniorcenter.com) Email: [PSAC@willapabay.org](mailto:PSAC@willapabay.org)

Dues \$12.00 per person 2011                      5yr \$50.00                      Lifetime ( variable rates)

NAME \_\_\_\_\_ NAME \_\_\_\_\_

BIRTHDAY \_\_\_\_\_ BIRTHDAY \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

Zip \_\_\_\_\_ PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Would you like to receive our newsletter by  Regular mail  e-mail and regular mail  e-mail only

**Office Use Only** DUES YEAR \_\_\_\_\_ CASH  CHECK  Date Paid \_\_\_\_\_ NEW  RENEWAL  
 CARDS ISSUED 1 or 2 \_\_\_\_\_ IN PERSON OR MAILED \_\_\_\_\_

REFERRED BY : \_\_\_\_\_

**OPERATING FUNDS DONATION FORM**

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am- to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

**PENINSULA SENIOR ACTIVITY CENTER**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_

**DONATION: \$** \_\_\_\_\_ **for the Peninsula Senior Activity Center's Operating Account**



Non-Profit  
Postage Paid  
Permit No.2  
Ocean Park,  
WA 98640

**From:**

**Peninsula Senior Activity Center**  
**21603 "O" Lane**  
**Ocean Park, WA 98640**  
*Return service requested*

**To:**



**SUPER BOWL POTLUCK**

**SUNDAY, FEBRUARY 3RD 2:00pm**



**COME AND WATCH THE GAME ON OUR BIG TV. BRING YOUR FAVORITE DISH!**

**Membership dinner update.**

It has been moved to Sunday, March 17th, 2:00pm or 4:00pm . Your invitation will be in the mail by February 1st. Check your invitation for your reserved time. Please RSVP by March 8th.

We will be serving Pork loin, Vegetables, Salad and dessert! See you then.

**PSAC Services Available**

**Free Wi Fi**

**Guest computer access**

**Library**

**Video Library**

**Free Cup of coffee and Chat!**