



Golden Age Gazette

The Voice of the Peninsula Senior Activity Center.

SEPTEMBER 2013

**Peninsula Senior
Activity Center**
21603 "O" Lane,
Ocean Park, WA 98640

360.665.3999
OFFICE HOURS:
MONDAY-FRIDAY
9:00-4:00

Email:
[**PSAC@willapabay.org**](mailto:PSAC@willapabay.org)

See us on the web at
[**peninsulaseniorcenter.com**](http://peninsulaseniorcenter.com)

Find us on Facebook!

The Peninsula Senior Activity Center

is a 501(c) (3) non-profit organization ! We receive no funding from county, state or federal sources.

PSAC Officers

President - Ernie Henson
Vice-President - Paul Wilson
Secretary - Gwen Wagner
Treasurer- Sandy Nelson

Board Members

Larry Cook
Melissa Goldberg
Jeff Pearson
John Vale

Board Meetings

2d Friday of each month 9:00 am
Office Manager
Sylvie Warren

MESSAGE FROM THE VICE PRESIDENT

It's Summer!

Summer in a destination spot such as the Long Beach peninsula is characterized by more visitors, good weather, beach and other outdoor fun, picnics, and other happenings. There's also a lot going on at your Peninsula Senior Activity Center.

We see more and more new faces at our famous breakfasts, lunches, and evening meals. The word has definitely gotten out that the Center is a great place to have a fantastic meal and visit with old friends, all at a very modest cost. The Center has been fortunate to have a number of hard-working and cheerful volunteers who set up the tables, utensil packages, decorations, cook and otherwise prepare the meals, serve the meals with a smile, and then clean up afterward.

The Center offers many other diversions, such as bridge, pinochle, and cribbage. There's tai chi and yoga for physical and mental improvement. The Center also hosts quilters and crafters. The library is always busy with folks keeping up with their summer reading. The movie matinee remains a popular choice for those who love nostalgia movies and are looking for a fun afternoon. There's the ever-popular game night featuring a pot-luck dinner and board games.

The Board and the committees are busy this summer planning for future activities at the Center. For example, we hope to offer a series of classes, workshops, lectures, and discussion groups on a wide variety of topics based on your interests this fall. There's planning underway for the garage sales, Christmas bazaar, future special events, etc. Volunteers are always welcome to join in these activities.

Drop by your Center to participate in any or all of these activities. You'll always see a smiling face along with an offer of a free cup of coffee. Have a nice summer!

Paul Wilson, Vice President

Every morning is the dawn of a new error!

PENINSULA STORIES



Anne Nixon

In 1999 I wrote an article for the Chinook Observer in which I used our young granddaughters for dialogue. They had visited, but were not actually with me. To be really truthful, this trip was in my mind from my many summers in Oysterville. I was not "walking" but reliving memories! Anne

As my granddaughters and I began our before-breakfast walk dew sparkled afoot and hung from rotting blackberries. Fall was quickly overtaking summer. I'd promised them stories of my childhood. The wooden sign at the south end of Oysterville read, Founded in 1854.

"I like this first house, Grandma," said ten year old Lauren, pointing west. "That belonged to Klondike Kate when I was little." "Who?" "Klondike Kate, Bell of the Yukon," I repeated with as much flourish as I could manage in my croaky morning voice. "Kate said she was in Alaska during the gold rush. She told us exciting stories of miners and saloons and shootings in her town. Before these new owners bought it Kate's house was embedded in tangled berry vines and salal." "What did Kate look like?" I thought a moment. "Well, a huge smile of bright red lipstick that had pointy tips here under her nose. Her voice was quivery, and she had big blue eyes and red hair. She loved bright scarves, with wild clothes and hair for the 1940s here. She walked to the post office and stopped to talk with us if we were out playing. Kate embellished her tales with lots of excitement. She enjoyed the storytelling."

Across an open meadow lay Willapa Bay, awash in bright sunshine. We squinted like emerging moles. "The tide's in, girls, and there's the north end of Long Island." A sail drifted by—more changes. "When I was your age we saw only working boats, like dredges and scows and rowboats.

"Mabel Goulter lived in this next one and we loved her," I said. "She was a quiet, thin widow who was very sweet and ladylike. I remember her gray hair and fragile, light complexion. She taught us to make South of the Border Patties after square dancing..." "Are they candy, Grandma?" Younger Kristin adored sweets. I nodded. "Delicious! 'Work fast,' she warned us as we browned white sugar till syrupy. 'Add pecans now...keep stirring...test it in this cool water.' We beat it, then spooned it onto waxed paper. If you dilly-dallied it was cement." I was talking fast, thinking of the precision—myself the oldest at twelve or thirteen and the others several years younger—poor Mabel!

"The long low one was the first house built, in 1863. The family who lived there when I was little came from the plains after dust storms wiped out farms. This must have been a difficult adjustment from the dry, flat land.

"Later Willard and Louise Espy bought it, which was appropriate since his grandfather was one of two founders of Oysterville. Willard, called Wede, was a writer from New York, and he worked before that front window overlooking Willapa Bay. One day I brought him a photo taken in the 1920s." "Who was in the picture?" "Wede and my uncle Roy, in bathing suits. What made him laugh though was their wool suits covered them from shoulders to knees, and that he was tall and skinny as a twig." He'd had a rye comment or two.

We passed Tommy Nelson's house. He'd lived here with his wife Irene, who was part Chinook Indian. Tommy smoked oysters and used the partial ones to grind up and make into spread. There were six brothers—Tommy, Charlie, Arthur, Antone, Ferdinand and Herbert who were all born in Klondike Kate's two room house, the original Nelson home.

Continued on page 3

Continued from page 2

"Wachsmuths lived just north of the church, and rented out little cabins—see those still left? Mrs. Wachsmuth made quilts and had a beautiful garden. She introduced us to taffy pulls." "That sounds pretty gooey..." "Oh, was it! Someone had a victrola and records..." "A what, Grandma?" It was a question in unison. "Victrola, that played big black graphite records with a tiny needle..." I'd lost them, I could see. "Western music rocked this old garage. As well as music, a caller gave instructions and we do-si-doed all over the place. There were two or three squares of us." I continued on, ignoring "what's that" till they stopped asking or listening. "I'll bet every one of us remembers those dances like they were yester..." "The taffy..." "Oh, yes, the taffy." I was back on track again. "We all gathered in that lady's kitchen and mixed up huge batches of sticky candy. Once Judy and Nancy had it in their curls. At the right temp you pulled it out into long strands."

If you explore Oysterville now, you'll find the last Wachsmuth cottage enlarged into a lovely home, across from the school house.

A. Nixon


WHAT THE PSAC COMMITTEES ARE UP TO--

Gazette-newsletter Committee; Meets the first Tuesday of each month to plan the articles and layout of the coming month's newsletter. Various topics and themes are discussed for the month or for the year. Then the process begins, this may involve scheduling and interviewing people, research of various kinds, i.e. internet, visitor's bureau, and other organizations. The president's message of course is written by the president or if he/she is unavailable the vice president will write the message. Sylvie takes pictures of events and volunteers to give the Gazette a more personal touch. We have also added the local business advertisements. The purpose of the advertisers is to offset the costs of the printing and mailing the monthly Gazette. We currently have 14 advertisers with room for more, if you know of anyone that would like to advertise, call Sylvie at 665-3999.

Getting the Gazette ready for publishing requires about two weeks, (the 19th of the month is our cutoff date) once it is compiled and reviewed it is e-mailed to the printer in Astoria. There it is double sided on 2 sheets of 11 X 17 paper with an 8 X 11 double sided insert. Within two days it is ready to be picked up. The following morning a team of 4 dedicated members assembles the newsletter. This entails folding, stuffing, applying the tabs to hold it shut and the labels. There are about 60 members that receive the newsletter via e-mail otherwise we mail approximately 300 to members. Thanks to all who make the Gazette work.

MEMBERSHIP CONTEST

The count down is beginning, only four more months to sign new members- we are approximately 300 from meeting Ernie's goal of 1000 members. We have a strong completion going on between some of our members. They want to win that prize. The rest of you need to get in on the action. Remember the prizes are \$200, \$100, and \$50 dollars. The drawing will be held December 19th.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 LABOR DAY closed	3 12.00 Bridge 1pm Cribbage	4 1pm Pinochle	5 10 am Tai Chi 1pm Pinochle	6 9 am Crafters 9am Quilters 11.30 Lunch	7 Garage Sale 8am 8am Pancake Breakfast	
8 2:00pm Movie Matinee "Flight"	9 10am Tai Chi	10 12.00p Bridge 1pm Cribbage 6 pm Lions	11 10:30 Yoga 1pm Pinochle	12 10 am Tai Chi 1pm Pinochle 6 pm Bunco	13 9 am Crafters 9am Bd Mtg	14 8am-11am Pancake Breakfast	
15	16 10 am Tai Chi 2pm Ice Cream Social	17 12.00 p Bridge 1pm Cribbage	18 1pm Pinochle	19 10 am Tai Chi 1pm Pinochle 5pm Dinner RSVP please!	20 9am Crafters 9am Quilters	21	
22	23 10 am Tai Chi	24 12.00 p Bridge 1pm Cribbage 6 pm Lions	25 10:30 am Yoga 1pm Pinochle 11.am Food Handler's Class	26 10 am Tai Chi 1pm Pinochle	27 9 am Crafters 9am-3pm Quilters	28 8am-11.am Pancake Breakfast	
29 2:00pm Movie Matinee "African Queen"	30 10 am Tai Chi					SEPTEMBER	

Committee Meetings

Gazette First Tuesday 12:noon
 Finance Wed. before Board Mtg 9:00 am
 Fundraisers Wed. before Board Mtg 10.00 am
 Building & Operations Wed. before Board Mtg 11:00 am

LUNCH MENU

September 6th
Ham & Bean soup
 No lunch in October!!

DINNER MENU

September 19th
Ham Steak/Sweet potato mash
 Dessert
RSVP PLEASE!!

Pie auction !!

Friday, October 4th

5:00– 7:00pm

Steak & Oyster Feast

\$15.00 per person

Reservations required!!

Tickets available in the office.



VOLUNTEER OF THE MONTH



Michael Goldberg, otherwise known as “The Puzzle Man”, or the “Man Who loves Puzzle s”, is our volunteer of the month. He finds puzzles very relaxing and spends any spare moment that he is not volunteering assembling a puzzle at the card table in the back of the Senior Center’s Great room. Michel has been volunteering at PSAC since he and Melissa moved to the Peninsula in 2006. His first encounter with the Senior Center was with the Tai Chi class. One day after the Thursday class he was asked to help set up tables for the dinner that evening. Thus began his volunteer career with PSAC. Since he is such a reliable person his duties soon increased to helping with the breakfasts as well as the dinners, washing dishes, mowing/trimming the lawn and is known to lead the Tai Chi class. In 2007 Wes Moehnke asked Michael to be on the board, which led to his being elected Board President in 2008. After his stint as president he still remains very active helping out with the same duties or anything he is asked to do. Michael and Melissa bought their home in Surfside in 2003, then moved here in 2006 from Edmonds WA.

Michael retired from the State of Washington with 30 years of service in 2002 and Melissa retired from nursing in 2012. Michael not only volunteers at the Senior Center, but is President of the OP Food Bank, and is an active member of Rebuilding Together, Fire Department and tutors at both elementary schools. Thanks to Michael for all he does for PSAC and the peninsula community.

By Gwen Wagner

RECIPE

Grilled Tuna Steaks

3 lbs tuna steaks

Marinade

1 tablespoon brown sugar

1 tablespoon sesame oil

1/3 cup soy sauce

1/3 cup rice wine vinegar

2 garlic cloves, crushed and minced finely

1/4 inch fresh ginger, grated

black pepper

chili pepper flakes

Directions: Put all marinade ingredients into a zip-lock bag shake and add tuna. Zip and chill for 2 hours. Place steaks on a clean, hot, oiled, grill. And marinade in pot and reduce to half. And turn after 3 minutes and cook for three more minutes. Place on serving dish and pour reduced marinade over steaks.

Getting Away!

I have to get away!

My heart is calling me.

A seaside home will do

With windows toward the sea.

I long to leave and go,

If not to cool sandbars,

Then to a mountain house

Or one with desert stars.

I long to get away,

My heart is not concealing

That I must share with friends—

My hope, my dreams, my feelings.

A cabin in the hills

Or cottage by the sea---

The place is not important

If friends wait there for me!

Author unknown

DONATIONS THANK YOU'S :

William Lantz

LABOR DAY

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How it Came About.

What it Means: Labor Day, the first Monday in September, was created by the labor movement and is dedicated to the social and economic achievements of the American workers. It is a national tribute for the contributions of the workers who have made the strength, prosperity and well being of our country.

Founder of Labor Day

In 1882, Matthew Maguire, a machinist, first proposed the holiday while serving as secretary of the CLU (Central Labor Union) of New York. Others argue that it was first proposed by Peter J. McGuire of the American Federation of Labor in May 1882 after witnessing the annual labor festival held in Toronto, Canada. Oregon was the first state to pass legislation to make it a holiday on February 21, 1887. By the time it became a federal holiday in 1894, thirty states officially celebrated Labor Day. Following the deaths of a number of workers at the hands of the U.S. military and U.S. Marshals during the Pullman Strike, the United States Congress unanimously voted to approve rush legislation that made Labor Day a national holiday; President Grover Cleveland signed it into law a mere six days after the end of the strike. The September date originally chosen by the CLU of New York and observed by many of the nation's trade unions for the past several years was selected rather than the more widespread International Workers' Day. All U.S. states, the District of Columbia, and the territories have made it a statutory holiday.

Pattern of celebration

The form for the celebration of Labor Day was outlined in the first proposal of the holiday: A street parade to exhibit to the public "the strength and spirit de corps of the trade and labor organizations", followed by a festival for the workers and their families. This became the pattern for Labor Day celebrations. Speeches by prominent men and women were introduced later, as more emphasis was placed upon the civil significance of the holiday. Still later, by a resolution of the American Federation of Labor convention of 1909, the Sunday preceding Labor Day was adopted as Labor Sunday and dedicated to the spiritual and educational aspects of the Selector movement. The holiday is often the return to school, although school starting times now may vary.

Retail Sale Day

Today in order to take advantage of large numbers of potential customers free to shop, Labor Day has become an important sale weekend for many retailers in the United States. Some retailers claim it is one of the largest sale dates of the year, second only to the Christmas season's Black Friday. Ironically, because of the importance of the sale weekend, some of those who are employed in the retail sector not only work on Labor Day, but work longer hours. More Americans work in the retail industry than any other, with retail employment making up 24% of all jobs in the United States. The Bureau of Labor Statistics reports that of those employed in the retail sector, only 3% are members of a Labor Union.

End of summer

Labor Day has come to be celebrated by most Americans as the symbolic end of the summer. In high society, Labor Day is (or was) considered the last day of the year when it is fashionable to wear white or seersucker.

MEMBERSHIP RENEWAL FORM

Just a reminder, PSAC membership dues are valid January through December.

Please mail your dues in or stop by the office for a cup of coffee

PENINSULA SENIOR ACTIVITY CENTER MEMBERSHIP

21603 "O" Lane, Ocean Park, WA 98640 Phone: 360.665.3999

Office Hours: 9 AM - 4 PM, M - F www.peninsulaseniorcenter.com Email: PSAC@willapabay.org

Dues \$12.00 per person 2013

5yr \$50.00

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OPERATING FUNDS DONATION FORM

Mail your donation to the address on the form below or bring it by the Peninsula Activity Center office, Monday-Friday from 9:00am– to 4:00pm. The office is located at 21603 O Lane, Klipsan Beach.

PENINSULA SENIOR ACTIVITY CENTER

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Ocean Park, WA 98640

Return service requested

To:

UPCOMING EVENTS

**Don't forget garage sale and breakfast
Saturday September 7th**

PIE AUCTION

Come and join us on Thursday, September 19th for a delicious ham dinner!

Bid on a homemade pie!!



CHRISTMAS BAZAAR

FRIDAY OCTOBER 25TH AND SATURDAY OCTOBER 26TH